



GOVT. OF NCT OF DELHI
Delhi Subordinate Services Selection Board
FC-18, Institutional Area, Karkardooma, Delhi – 110092.
www.dsssb.delhigovt.nic.in

Participant ID	HaryanaJobs.in
Participant Name	
Test Center Name	iON Digital Zone iDZ 1 GT Karnal Road
Test Date	29/06/2021
Test Time	2:00 PM - 5:00 PM
Subject	PGT- Physical Education (Male)

Section : Mental Ability

Q.1 In a certain code language, if SECTOR = 82, TANKER = 93, how will PLASTER be coded as?

- Ans
- ☐ 1. 95
 - ☐ 2. 93
 - ☐ 3. 91
 - ☒ 4. 98

SARSWATI CLASSES BY NARANG

Question ID : 6009299248

Q.2 Select the option that is related to the third term on the same basis as the second term is related to the first term

12 : 121 :: 19 : ?

- Ans
- ☐ 1. 192
 - ☒ 2. 324
 - ☐ 3. 234
 - ☐ 4. 289

Question ID : 6009299254

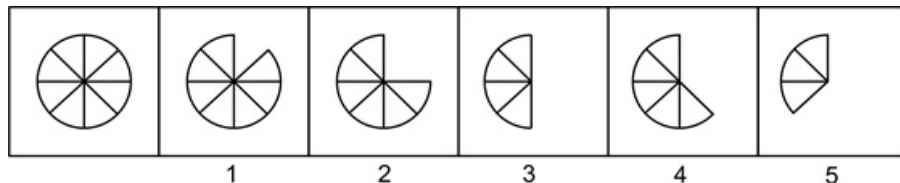
Q.3 Find the missing term in the following series:

A9D, ____, I81L, M243P

- Ans
- ☐ 1. F45G
 - ☒ 2. E27H
 - ☐ 3. F28H
 - ☐ 4. E45G

Question ID : 6009299243

Q.4 छह आकृतियों का एक समूह दिया गया है, जिनमें से पहली संख्याहीन है और श्रृंखला की शुरुआत का प्रतिनिधित्व करती है। यदि दो आकृतियों की स्थिति को परस्पर बदला जाता है तो श्रृंखला स्थापित हो पाएगी। दो आकृतियों के पहले की संख्या सही उत्तर है।



- Ans ☒ 1. 3
☒ 2. 1
☒ 3. 2
☒ 4. 4

Question ID : 6009299259

Q.5 Select the pair that is related on the same basis to the pair given in the question.

Christians : Christmas :: ?

- Ans ☒ 1. Muslims : Raksha Bandhan
☒ 2. Hindu : Gurunanak Jayanti
☒ 3. Muslims : Eid ul fitr
☒ 4. Sikhs : Holi

SARSWATI CLASSES BY NARANG

Question ID : 6009299247

Q.6 Find the missing term in the following letter series:

DMN, ____, FQR, GST

- Ans ☒ 1. AOP
☒ 2. STU
☒ 3. EOP
☒ 4. EFG

Question ID : 6009299242

Q.7 Select the option that is related to the third term on the same basis as the second term is related to the first term

India : New Delhi :: Australia : ?

- Ans ☒ 1. Canberra
☒ 2. Melbourne
☒ 3. Paris
☒ 4. New York

Question ID : 6009299246

Q.8 इस प्रश्न में, एक कथन के बाद दो धारणाएं I और II दी गई हैं। आपको यह तय करना है कि कौन सी धारणा निहित है।

कथन: यदि वह मेहनती है, तो उसे सफलता मिलेगी।

धारणाएं:

- I. सफलता प्राप्त करने के लिए उसे कड़ी मेहनत करनी चाहिए।
- II. उसे सफलता मिलेगी।

- Ans
- ☐ 1. केवल II निहित है
 - ☐ 2. I और II दोनों निहित है
 - ☐ 3. कोई निहित नहीं है
 - ☒ 4. केवल I निहित है

Question ID : 6009299253

Q.9 दी गई संख्याओं को उल्टे क्रम में रखने पर, निम्नलिखित में से कौन सा दूसरी सबसे बड़ी नई संख्या का मध्य अंक होगा?

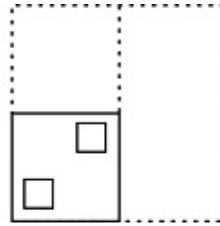
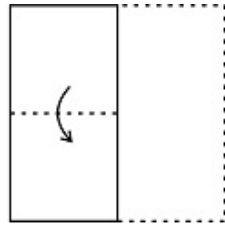
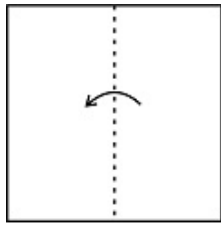
235, 589, 156, 947, 522

- Ans
- ☐ 1. 8
 - ☒ 2. 4
 - ☐ 3. 5
 - ☐ 4. 3

Question ID : 6009299255

SARSWATI CLASSES BY NARANG

Q.10 A paper is folded and punched as shown in the figure. Choose the figure which closely resembles the unfolded form of figure Z.



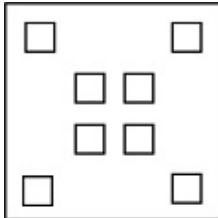
X

Y

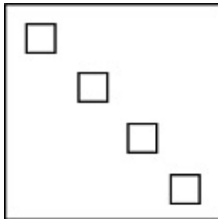
Z

Ans

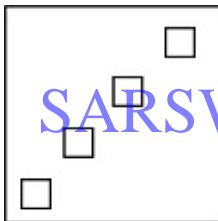
✓ 1.



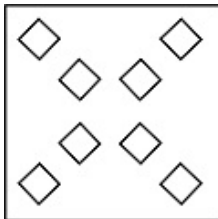
✗ 2.



✗ 3.



✗ 4.



Question ID : 6009299260

Q.11 दिए गए विकल्पों में से तीन एक निश्चित तरीके से समान हैं। हालाँकि, एक विकल्प अन्य तीन की तरह नहीं है। उस विकल्प का चयन करें जो अन्य से अलग है।

Ans

✗ 1. लेखक : कलम

✗ 2. चिकित्सक : स्टेथोस्कोप

✓ 3. किसान : खेत

✗ 4. चित्रकार : पेंट ब्रश

Question ID : 6009299245

Q.12 प्रदीप के पिता राहुल के पुत्र हैं। मोहन प्रदीप के चाचा है और राहुल नीलेश का भाई है। नीलेश, मोहन से कैसे संबंधित है?

- Ans
- ☒ 1. भाई
 - ☒ 2. पुत्र
 - ☒ 3. चाचा
 - ☒ 4. पिता

Question ID : 6009299251

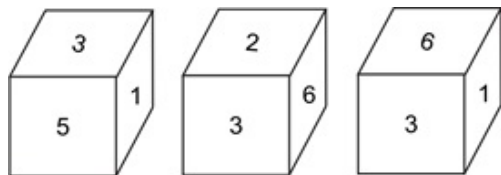
Q.13 A team of five has to be selected from among five boys Ross, Joey, Chandler, Mark, and Richard and four girls Phoebe, Monika, Rachel and Janice.
Some selection criteria are:

1. Ross and Janice have to be together.
 2. Phoebe will not be in the same team as Rachel.
 3. Mark and Monika will not be in the same team.
 4. Chandler and Richard have to be together.
 5. Rachel cannot be with Joey.
- If Rachel is one of the members, the other members of the team will be:

- Ans
- ☒ 1. Monika, Janice, Ross, Mark
 - ☒ 2. Monika, Janice, Chandler, Richard
 - ☒ 3. Phoebe, Janice, Ross, Mark
 - ☒ 4. Janice, Ross, Chandler and Richard

Question ID : 6009299250

Q.14 Three different positions of the same dice are given below. What number will be opposite to 3?



- Ans
- ☒ 1. 4
 - ☒ 2. 6
 - ☒ 3. 5
 - ☒ 4. 2

Question ID : 6009299261

Q.15 In the question, two statements are given, followed by three conclusions, I, II and III. You have to consider the statements to be true even if it seems to be at variance from commonly known facts. You have to decide which of the given conclusions, if any, follows from the given statements.

Statement 1: Some dancers are singers.

Statement 2: All singers are actors.

Conclusion I: Some actors are dancers.

Conclusion II: All actors are singers.

Conclusion III: Some singers are dancers.

- Ans ☒ 1. Only II follows
☒ 2. Only I and III follows
☒ 3. Only II and III follows
☒ 4. All the three follows

Question ID : 6009299252

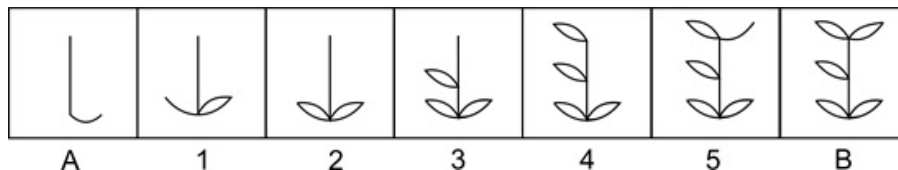
Q.16 वेन आरेख का संदर्भ लें और उन छात्रों की संख्या ज्ञात करें जिन्होंने किन्हीं तीन विषयों को लिया है:



- Ans ☒ 1. 67
☒ 2. 66
☒ 3. 45
☒ 4. 42

Question ID : 6009299257

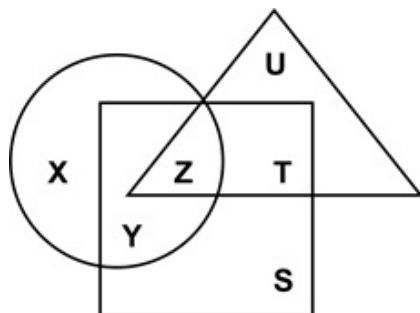
Q.17 In the given question, figures A and B are the starting and ending pattern of a series. Out of the five figures, named 1 to 5, one of the figures does not fit in the series. Find the number of the odd figure.



- Ans ☒ 1. 1
☒ 2. 3
☒ 3. 4
☒ 4. 5

Question ID : 6009299258

Q.18 निम्नलिखित आरेख में, वर्ग पुलिस अधिकारियों का प्रतिनिधित्व करता है, त्रिभुज विवाहित लोगों का प्रतिनिधित्व करता है और वृत्त लंबे लोगों का प्रतिनिधित्व करता है। फिर अविवाहित पुलिस अधिकारी जो लम्बे नहीं हैं, उनका प्रतिनिधित्व करते हैं:



- Ans
- ☒ 1. Z
 - ☒ 2. U
 - ☒ 3. T
 - ☒ 4. S

Question ID : 6009299256

Q.19 दिए गए विकल्पों में से तीन एक निश्चित तरीके से समान हैं। हालाँकि, एक विकल्प अन्य तीन की तरह नहीं है। उस विकल्प का चयन करें जो अन्य से अलग है।

- Ans
- ☒ 1. लोमड़ी
 - ☒ 2. शेर
 - ☒ 3. मकड़ी
 - ☒ 4. बाघ

SARSWATI CLASSES BY NARANG

Question ID : 6009299244

Q.20 एक निश्चित कोड भाषा में, यदि क्लोरीन को फ्लोरीन कहा गया है, फ्लोरीन को आयोडिन कहा गया है, आयोडिन को ऑक्सीजन कहा गया है, ऑक्सीजन को नाइट्रोजन कहा गया है, और नाइट्रोजन को हाइड्रोजन कहा गया है, तो मनुष्य सांस में क्या लेता है और लाल रक्त कोशिकाओं द्वारा वहन किया जाता है?

- Ans
- ☒ 1. ऑक्सीजन
 - ☒ 2. हाइड्रोजन
 - ☒ 3. नाइट्रोजन
 - ☒ 4. आयोडिन

Question ID : 6009299249

Section : General Awareness

Q.1 The first Union Budget of Independent India was presented by _____.

- Ans
- ☒ 1. Jawaharlal Nehru
 - ☒ 2. John Matthai
 - ☒ 3. Ramasamy Chetty Kandasamy Shanmukham Chetty
 - ☒ 4. Chintaman Dwarkanath Deshmukh

Question ID : 6009299279

Q.2 निम्नलिखित में से कौन सा स्मारक सवाई प्रताप सिंह द्वारा बनवाया गया था?

- Ans
- ☐ 1. मेहरानगढ़ दुर्ग
 - ☐ 2. पुराना किला
 - ☒ 3. हवा महल
 - ☐ 4. इंडिया गेट

Question ID : 6009299263

Q.3 Who is the Chief Minister of Puducherry as of 8th May 2021?

- Ans
- ☐ 1. Tamilisai Soundararajan
 - ☐ 2. Kiran Bedi
 - ☐ 3. Velu Narayanasamy
 - ☒ 4. N. Rangasamy

Question ID : 6009299273

Q.4 चक्रवर्ती राजगोपालाचारी का उत्तराधिकारी _____ थे जो स्वतंत्र भारत के पहले भारतीय महाराज्यपाल बने।

- Ans
- ☐ 1. लॉर्ड हेस्टिंग्स
 - ☒ 2. लॉर्ड माउंटबेटन
 - ☐ 3. लॉर्ड वेलेस्ली
 - ☐ 4. लॉर्ड कर्जन

SARSWATI CLASSES BY NARANG

Question ID : 6009299271

Q.5 खिलाफ़त आन्दोलन कब शुरू हुआ?

- Ans
- ☐ 1. 1918
 - ☒ 2. 1919
 - ☐ 3. 1921
 - ☐ 4. 1920

Question ID : 6009299270

Q.6 निम्नलिखित में से किस महासागर में बाल्टिक सागर शामिल है?

- Ans
- ☐ 1. उत्तरध्रुवीय महासागर
 - ☐ 2. हिंद महासागर
 - ☒ 3. अटलांटिक महासागर
 - ☐ 4. प्रशान्त महासागर

Question ID : 6009299269

Q.7 The Panchayati Raj was introduced by the _____ Constitutional Amendment Act of 1992.

- Ans ☒ 1. 73rd
☐ 2. 56th
☐ 3. 68th
☐ 4. 82nd

Question ID : 6009299278

Q.8 _____ वित्तीय वर्ष के दौरान उधार को छोड़कर कुल बजट प्राप्तियों पर कुल बजट व्यय के अतिरिक्त के रूप में परिभाषित किया गया है।

- Ans ☐ 1. राजस्व घाटा
☐ 2. राजकोषीय अधिशेष
☒ 3. राजकोषीय घाटा
☐ 4. प्राथमिक घाटा

Question ID : 6009299264

Q.9 1963 में शुरू की गई सोनालिका और कल्याण सोना, निम्नलिखित में से किस फसल के उच्च उपजाऊ किस्म के बीज हैं?

- Ans ☐ 1. मक्का
☒ 2. गेहूँ
☐ 3. जौ
☐ 4. चावल

SARSWATI CLASSES BY NARANG

Question ID : 6009299267

Q.10 Asian Boxing Confederation (ASBC) has decided to conduct the upcoming 2021 edition of the ASBC Asian Elite Men and Women Boxing Championships in _____.

- Ans ☐ 1. Delhi
☒ 2. Dubai
☐ 3. Hong Kong
☐ 4. Bangkok

Question ID : 6009299280

Q.11 As announced in the Budget 2021, Deposit Insurance and Credit Guarantee Corporation (DICGC) is permitted to increase deposit insurance coverage from Rs 1 lakh to Rs _____.

- Ans ☒ 1. 5 lakh
☐ 2. 4 lakh
☐ 3. 3 lakh
☐ 4. 2 lakh

Question ID : 6009299265

Q.12 _____ बुंदेलखंड का विशिष्ट लोकगाथा है जो महोबा के राजा परमाल की सेवा करने वाले दो योद्धा भाइयों के वीर कार्यों का वर्णन करता है।

- Ans
- ☒ 1. मांडो
 - ☒ 2. आल्हा
 - ☒ 3. बारहमासा
 - ☒ 4. लोटिया

Question ID : 6009299262

Q.13 Government of Himachal Pradesh reiterated its commitment to achieve 'Har Ghar Jal' target by _____.

- Ans
- ☒ 1. August 2024
 - ☒ 2. July 2022
 - ☒ 3. May 2023
 - ☒ 4. June 2025

Question ID : 6009299277

Q.14 Which among the following rivers is also known as the 'twin' or 'handmaid' of the Narmada?

- Ans
- ☒ 1. Mahi
 - ☒ 2. Luni
 - ☒ 3. Sabarmati
 - ☒ 4. Tapi

SARSWATI CLASSES BY NARANG

Question ID : 6009299268

Q.15 Who among the following won the 2021 Rolex Monte Carlo Masters singles title?

- Ans
- ☒ 1. Stefanos Tsitsipas
 - ☒ 2. Daniil Medvedev
 - ☒ 3. Roger Federer
 - ☒ 4. Rafael Nadal

Question ID : 6009299281

Q.16 वायुमंडल की निम्नलिखित में से कौन सी परत ओज़ोन की उपस्थिति के कारण ऊपर उठती है?

- Ans
- ☒ 1. मध्यमण्डल
 - ☒ 2. समतापमण्डल
 - ☒ 3. बाह्यमण्डल
 - ☒ 4. आयनमंडल

Question ID : 6009299266

Q.17 Who among the following won the Best Actor (Male) award at the 11th Dadasaheb Phalke Film Festival 2021?

- Ans
- ☐ 1. Ajay Devgn
 - ☐ 2. Rajkummar Rao
 - ☐ 3. Amitabh Bachchan
 - ☒ 4. Akshay Kumar

Question ID : 6009299274

Q.18 The first-ever electric tractor in the country has been tested at the Central Farm Machinery Training and Testing Institute in _____ in April 2021.

- Ans
- ☐ 1. Delhi
 - ☐ 2. Tamil Nadu
 - ☐ 3. Maharashtra
 - ☒ 4. Madhya Pradesh

Question ID : 6009299276

Q.19 Union Minister of Education, Ramesh Pokhriyal, has launched 'Nishank' world's first affordable and long-lasting hygiene product DuroKea Series in April 2021. It was developed by _____ researchers.

- Ans
- ☐ 1. Indian Institutes of Management, Calcutta
 - ☒ 2. Indian Institutes of Technology, Hyderabad
 - ☐ 3. Indian Institutes of Management, Bangalore
 - ☐ 4. Indian Institutes of Technology, Kharagpur

Question ID : 6009299275

Q.20 Who among the following Governor Generals opened first telegraph line from Calcutta to Agra in 1853?

- Ans
- ☒ 1. Lord Dalhousie
 - ☐ 2. Lord Hastings
 - ☐ 3. Lord Wellesley
 - ☐ 4. Lord Curzon

Question ID : 6009299272

Section : Arithmetic Ability

Q.1 त्रिज्या 14 cm और ऊंचाई 28 cm वाले बेलन में से 7 cm की त्रिज्या और 14 cm की ऊंचाई वाले कितने शंकु बनाए जा सकते हैं?

- Ans
- ☐ 1. 25
 - ☒ 2. 24
 - ☐ 3. 36
 - ☐ 4. 32

Question ID : 6009299297

Q.2 एक वस्तु पर कर की दर 18% थी और कर के बाद का मूल्य 6608 रुपए थी। मूल्य में कितनी वृद्धि की जानी चाहिए ताकि कर के बाद के मूल्य में बदलाव न हो, यदि नई कर दर 12% है?

- Ans
- ☒ 1. 320 रुपए
 - ☒ 2. 300 रुपए
 - ☒ 3. 400 रुपए
 - ☒ 4. 280 रुपए

Question ID : 6009299285

Q.3 एक वस्तु को बनाने में 100 रुपए का व्यय होता है। इसे खुदरा विक्रेता को लागत पर 50% के लाभ पर बेचा जाता है और फिर खुदरा विक्रेता इसे बिक्री मूल्य पर 25% के लाभ पर ग्राहक को बेचता है। किस मूल्य पर ग्राहक इसे खरीदता है?

- Ans
- ☒ 1. 160 रुपए
 - ☒ 2. 250 रुपए
 - ☒ 3. 200 रुपए
 - ☒ 4. 240 रुपए

Question ID : 6009299286

Q.4 X can cover a distance in 20 minutes and Y can cover the same distance in 36 minutes. Find the ratio of their speeds.

- Ans
- ☒ 1. 5:8
 - ☒ 2. 5:9
 - ☒ 3. 8:5
 - ☒ 4. 9:5

SARSWATI CLASSES BY NARANG

Question ID : 6009299290

Q.5 The cost price of 28 toys is equal to the selling price of 20 toys. Find the profit percent.

- Ans
- ☒ 1. 40%
 - ☒ 2. 33.33%
 - ☒ 3. 50%
 - ☒ 4. 44.44%

Question ID : 6009299288

Q.6 Find the value of: $\sqrt{9+\sqrt{33+\sqrt{225+\sqrt{961}}}}$

- Ans
- ☒ 1. 3
 - ☒ 2. 6
 - ☒ 3. 4
 - ☒ 4. 5

Question ID : 6009299283

Q.7 A man travels from X to Y which are 450 kms apart in 8 hours. He travels back at the speed of 45 kmph. Find his average speed of the journey.

- Ans
- ☐ 1. 60 kmph
 - ☐ 2. 54 kmph
 - ☒ 3. 50 kmph
 - ☐ 4. 45 kmph

Question ID : 6009299294

Q.8 एक बाग समलंब चतुर्भुज के आकार में है। बाग का क्षेत्रफल 4500 sq m है और लंबवत ऊंचाई 20 m है। बाग की समानांतर भुजाओं में से छोटी भुजा का आकार ज्ञात करें, यदि समानांतर भुजाओं में से एक, दूसरी से 50% अधिक है?

- Ans
- ☐ 1. 150 m
 - ☒ 2. 180 m
 - ☐ 3. 225 m
 - ☐ 4. 216 m

Question ID : 6009299298

Q.9 A garden can be planted by A, B & C in 40, 50 & 200 days respectively. They start working together and B left the job after working on the 10th day and C left after working on the 15th day. How many days will A require to plant the remaining garden?

- Ans
- ☐ 1. 20
 - ☒ 2. 14
 - ☐ 3. 15
 - ☐ 4. 17.5

SARSWATI CLASSES BY NARANG

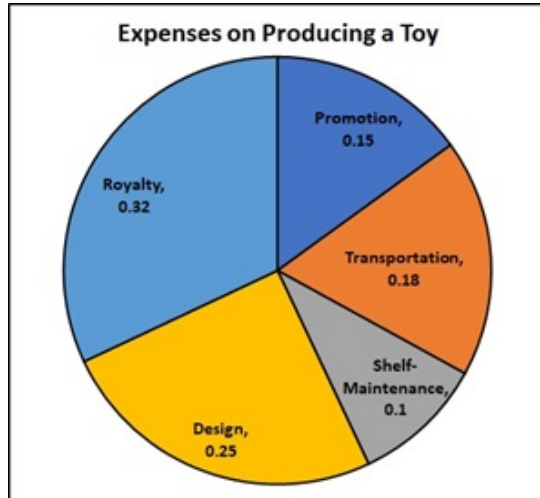
Question ID : 6009299295

Q.10 A vendor expects a profit of 32% on cost. If his weekly sales were Rs 29,700, then find his profit?

- Ans
- ☐ 1. Rs 5400
 - ☒ 2. Rs 7200
 - ☐ 3. Rs 10800
 - ☐ 4. Rs 3600

Question ID : 6009299287

Q.11 The pie-chart shows the distribution of expenses of producing a toy in decimal fractions. If the producer spends Rs 375 on the design of 5 toys, then how much will he give out on royalty for 50 toys?



- Ans
- ☒ 1. Rs 4800
 - ☐ 2. Rs 4000
 - ☐ 3. Rs 3200
 - ☐ 4. Rs 6000

Question ID : 6009299299

Q.12 A and B can together finish a task in 120 days. Find the number of days B would take to do the task alone if A alone takes 72 days to complete 50% of the task.

- Ans
- ☒ 1. 720
 - ☐ 2. 576
 - ☐ 3. 144
 - ☐ 4. 288

Question ID : 6009299296

Q.13 W, X, Y और Z के बीच 17:18:19:20 के अनुपात में धनराशि वितरित की जानी है। यदि Y को W से 500 रुपए अधिक मिलते हैं, तो Z को कितना प्राप्त होता है?

- Ans
- ☐ 1. 4500 रुपए
 - ☐ 2. 4000 रुपए
 - ☐ 3. 3500 रुपए
 - ☒ 4. 5000 रुपए

Question ID : 6009299289

Q.14 एक जॉगर पहले दिन में 30 मिनट में 6 kms और दूसरे दिन 1 घंटे 30 मिनट में 15 kms की दौड़ लगाता है। उसकी 2 दिनों की औसत दौड़ गति ज्ञात करें।

- Ans
- ☒ 1. 15 kmph
 - ☒ 2. 10.5 kmph
 - ☒ 3. 12.6 kmph
 - ☒ 4. 9.6 kmph

Question ID : 6009299284

Q.15 What is the least number that should be added to 2000 such that the number is exactly divisible by 7, 9, 20 and 24?

- Ans
- ☒ 1. 320
 - ☒ 2. 160
 - ☒ 3. 520
 - ☒ 4. 640

Question ID : 6009299282

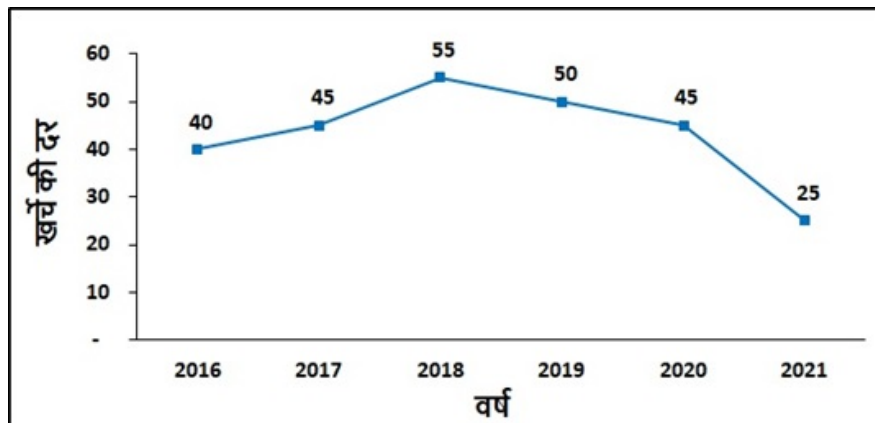
Q.16 A sum of money is lent at 25% per annum on compound interest. What is the ratio of increase in amount from the 8th year to 9th year?

- Ans
- ☒ 1. 3:4
 - ☒ 2. 5:4
 - ☒ 3. 4:3
 - ☒ 4. 4:5

SARSWATI CLASSES BY NARANG

Question ID : 6009299291

Q.17 आवृत्ति बहुभुज एक कंपनी के लिए व्यय अनुपात को दर्शाता है। यदि 2018 और 2020 के लिए व्यय समान थे, तो 2018 और 2020 के लिए आय अनुपात क्या था? (व्यय अनुपात = व्यय ÷ आय × 100)



- Ans
- ☒ 1. 6:5
 - ☒ 2. 5:6
 - ☒ 3. 11:9
 - ☒ 4. 9:11

Question ID : 6009299301

Q.18 X invested Rs 20,000 in a company that gives out 10% returns and X decided to re-invest the returns in the company. What is the value of his investment at the end of the 2nd year after receiving the interest for the 2nd year?

- Ans
- ☒ 1. Rs 24,400
 - ☒ 2. Rs 26,400
 - ☒ 3. Rs 24,200
 - ☒ 4. Rs 24,000

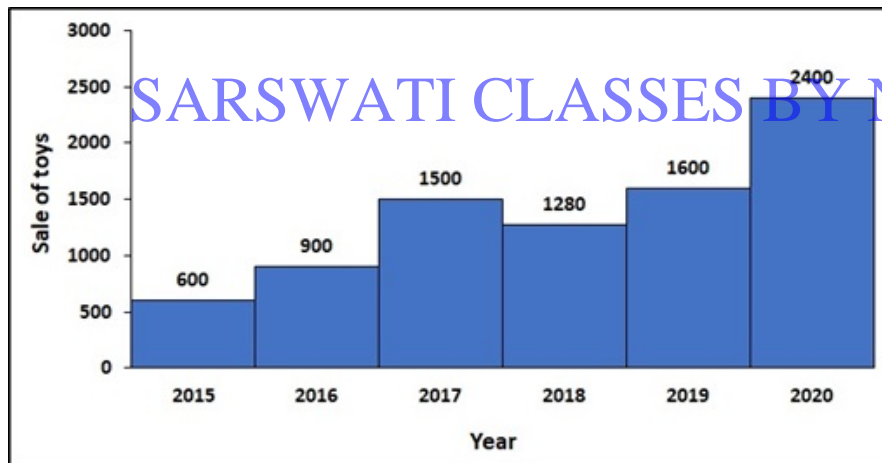
Question ID : 6009299292

Q.19 The speed of a police van is 30 kmph faster than a car. The car takes 2 hours to cover same distance while the police van requires 90 minutes. Find the speed of the car.

- Ans
- ☒ 1. 75 kmph
 - ☒ 2. 120 kmph
 - ☒ 3. 90 kmph
 - ☒ 4. 60 kmph

Question ID : 6009299293

Q.20 The histogram shows the number of units of toys sold in every year. If the selling price of a remote was Rs 160 in 2015 and increased by 25% each year, then what was the total sales of 2017?



- Ans
- ☒ 1. Rs 3,60,000
 - ☒ 2. Rs 3,45,600
 - ☒ 3. Rs 3,75,000
 - ☒ 4. Rs 3,90,000

Question ID : 6009299300

Q.1 Fill in the blank with the most appropriate choice.

Photographing the _____ qualities of the moon requires a few tools to make use of the moon's available light source, as well as minimize camera shake or blur.

- Ans
- ☐ 1. sanguine
 - ☐ 2. denigrate
 - ☐ 3. cession
 - ☒ 4. luminescent

Question ID : 6009299307

Q.2 Four words are given, out of which only one word is spelt correctly. Choose the correctly spelt word.

- Ans
- ☐ 1. Amorpious
 - ☐ 2. Amarphous
 - ☐ 3. Ammorphous
 - ☒ 4. Amorphous

Question ID : 6009299312

Q.3 Some parts of a sentence have been jumbled up, and labelled P, Q, R and S. Select the option that gives the correct sequence in which these parts can be rearranged to form a meaningful and grammatically correct sentence.

This led to the circulation of

P. malicious stories to the effect that Great Britain

Q. was not doing her share, and

R. that she was preserving her soldiers

S. at the expense of those

furnished from overseas.

- Ans
- ☐ 1. PQSR
 - ☒ 2. PQRS
 - ☐ 3. PSQR
 - ☐ 4. PRSQ

Question ID : 6009299308

Q.4 Four words are given, out of which only one word is spelt correctly. Choose the correctly spelt word.

- Ans
- ☐ 1. Deterimenet
 - ☐ 2. Datriment
 - ☐ 3. Deteriment
 - ☒ 4. Detriment

Question ID : 6009299311

Q.5 Select the most appropriate 'one word ' for the expressions given below.

Back in which the spine is curved in an abnormal way

- Ans
- ☐ 1. Debauchery
 - ☐ 2. Vice
 - ☒ 3. Hunchback
 - ☐ 4. Untoward

Question ID : 6009299316

Q.6 Select the most appropriate meaning of the given idiom.

Helter Skelter

- Ans
- ☐ 1. Contrary the principles of fairness
 - ☐ 2. Do something exactly right or say something exactly right
 - ☐ 3. Go to bed or go to sleep
 - ☒ 4. Here and there

Question ID : 6009299313

Q.7 Select the most appropriate meaning of the given idiom.

Level playing field

- Ans
- ☐ 1. To share a secret that wasn't suppose to be shared
 - ☐ 2. Make all possible efforts
 - ☒ 3. A fair competition where no side has an advantage
 - ☐ 4. Material interests

Question ID : 6009299314

Q.8 Fill in the blank with the most appropriate choice.

The other also dates from the Caesarean period; it mentions many interesting details, and concludes with a fine _____ of the Lord's Prayer.

- Ans
- ☐ 1. hubris
 - ☒ 2. exposition
 - ☐ 3. contusion
 - ☐ 4. suffrage

Question ID : 6009299306

Q.9 The sentence below has been divided into three parts. Select the part of the sentence that has an error. If the sentence has no error, select the option 'No Error'.

An overseas bank account in the company name contained a balance of one million dollars which were raised through illegal means.

- Ans
- ☒ 1. An overseas bank account in the company name
 - ☒ 2. contained a balance of one million dollars
 - ☒ 3. No error
 - ☒ 4. which were raised through illegal means.

Question ID : 6009299302

Q.10 Select the most appropriate 'one word ' for the expressions given below.

Belonging to a particular place rather than coming to it from somewhere else

- Ans
- ☒ 1. Indigenous
 - ☒ 2. Alien
 - ☒ 3. Celestial
 - ☒ 4. Tenet

Question ID : 6009299315

Q.11 Select the word segment that substitutes (replaces) the bracketed word segment correctly and completes the sentence meaningfully. Select the option 'no correction required' if the sentence is correct as given.

Alex climbed (into the car besides Carmen and placed his arm protectively on the back) of the seat behind her neck.

- Ans
- ☒ 1. into the car beside Carmen and placed his arm protectively on the back
 - ☒ 2. No correction required
 - ☒ 3. into the car besides Carmen and placed his arm protectively over the back
 - ☒ 4. in to the car besides Carmen and placed his arm protectively at the back

Question ID : 6009299304

Q.12 Select the word that is opposite in meaning (ANTONYM) to the word given below

Paltry

- Ans
- ☒ 1. Substantial
 - ☒ 2. Measly
 - ☒ 3. Trivial
 - ☒ 4. Pathetic

Question ID : 6009299309

Q.13 Select the word segment that substitutes (replaces) the bracketed word segment correctly and completes the sentence meaningfully. Select the option 'no correction required' if the sentence is correct as given.

She taught me many things like (how to achieve congruence with your work, your home and your personal needs).

- Ans
- ☐ 1. No correction required
 - ☐ 2. how to achieve congruence in your work, your home and your personal needs
 - ☐ 3. how to achieve congruence as my work, my home and my personal needs
 - ☒ 4. how to achieve congruence between my work, my home and my personal needs

Question ID : 6009299305

Q.14 The sentence below has been divided into three parts. Select the part of the sentence that has an error. If the sentence has no error, select the option 'No Error'.

For most of the century, the Everest had been the ultimate symbol of human endeavour.

- Ans
- ☐ 1. symbol of human endeavour.
 - ☐ 2. No error
 - ☐ 3. Everest had been the ultimate
 - ☒ 4. For most of the century, the

Question ID : 6009299303

Q.15 Select the word that is opposite in meaning (ANTONYM) to the word given below

Imminent

SARSWATI CLASSES BY NARANG

- Ans
- ☐ 1. Impending
 - ☐ 2. Menacing
 - ☐ 3. Threatening
 - ☒ 4. Remote

Question ID : 6009299310

Comprehension:

A passage is given with 5 questions following it. Read the passage carefully and choose the best answer to each question out of the four alternatives.

Who would win in a fight, a lion or a tiger? Well, if size has anything to do with the matter, the tiger would win. That's because tigers are the largest of all cat species. They grow up to eleven feet long and weigh as much as 670 lbs. This makes tigers the third largest land carnivore. The only larger land carnivores are polar bears and brown bears respectively. Tigers are not only large, they are also fast. They can sprint as fast as 40 miles per hour for short distances and leap as far as 30 feet horizontally. This makes for an extremely dangerous pounce. You might not think that such large, fast, and ferocious creatures need help to survive, but they do. The tiger is an endangered species.

Despite all of the tiger's strengths, the future of the species is uncertain. Tigers face a very high risk of extinction. It is estimated that at the start of the 20th century, there were over 100,000 tigers living in the wild. By the turn of the century, the number of tigers outside of captivity dwindled to just over 3,000. Interestingly, the most serious threats that tigers face come from a much smaller species, one with an average weight of around 140 lbs. That species is Homo sapiens, better known as humans. Humans threaten tigers in primarily two ways: hunting and destroying habitat.

Tigers are hunted for many reasons. People have long valued the famous striped skins. Though trading tiger skins is now illegal in most parts of the world, tiger pelts are worth around \$10,000 on the black-market. Though the fur would be incentive enough for most poachers, other parts of the tiger can also fetch a pretty penny. Some people in China and other Asian cultures believe that various tiger parts have healing properties. Traditional Chinese medicine calls for the use of tiger bones, amongst other parts, in some prescriptions.

SubQuestion No : 16

Q.16 According to the passage, beginning the 21st century what has the tiger population dwindled down to?

Ans  1. A little over 3000

 2. 3000

 3. Under 3000

 4. Around 100,000

SARSWATI CLASSES BY NARANG

Question ID : 6009299322

Comprehension:

A passage is given with 5 questions following it. Read the passage carefully and choose the best answer to each question out of the four alternatives.

Who would win in a fight, a lion or a tiger? Well, if size has anything to do with the matter, the tiger would win. That's because tigers are the largest of all cat species. They grow up to eleven feet long and weigh as much as 670 lbs. This makes tigers the third largest land carnivore. The only larger land carnivores are polar bears and brown bears respectively. Tigers are not only large, they are also fast. They can sprint as fast as 40 miles per hour for short distances and leap as far as 30 feet horizontally. This makes for an extremely dangerous pounce. You might not think that such large, fast, and ferocious creatures need help to survive, but they do. The tiger is an endangered species.

Despite all of the tiger's strengths, the future of the species is uncertain. Tigers face a very high risk of extinction. It is estimated that at the start of the 20th century, there were over 100,000 tigers living in the wild. By the turn of the century, the number of tigers outside of captivity dwindled to just over 3,000. Interestingly, the most serious threats that tigers face come from a much smaller species, one with an average weight of around 140 lbs. That species is Homo sapiens, better known as humans. Humans threaten tigers in primarily two ways: hunting and destroying habitat.

Tigers are hunted for many reasons. People have long valued the famous striped skins. Though trading tiger skins is now illegal in most parts of the world, tiger pelts are worth around \$10,000 on the black-market. Though the fur would be incentive enough for most poachers, other parts of the tiger can also fetch a pretty penny. Some people in China and other Asian cultures believe that various tiger parts have healing properties. Traditional Chinese medicine calls for the use of tiger bones, amongst other parts, in some prescriptions.

SubQuestion No : 17

Q.17 According to the passage, which of the following statement is incorrect?

Ans



1. Tiger is the largest land carnivore cat.



2. The most serious threat tigers face today is the declining habitat.



3. Tigers are mostly hunted for their pelts by most poachers around the world.



4. A tiger can reach a top speed of 40 miles per hour and leap as far as 30 feet.

SARSWATI CLASSES BY NARANG

Question ID : 6009299321

Comprehension:

A passage is given with 5 questions following it. Read the passage carefully and choose the best answer to each question out of the four alternatives.

Who would win in a fight, a lion or a tiger? Well, if size has anything to do with the matter, the tiger would win. That's because tigers are the largest of all cat species. They grow up to eleven feet long and weigh as much as 670 lbs. This makes tigers the third largest land carnivore. The only larger land carnivores are polar bears and brown bears respectively. Tigers are not only large, they are also fast. They can sprint as fast as 40 miles per hour for short distances and leap as far as 30 feet horizontally. This makes for an extremely dangerous pounce. You might not think that such large, fast, and ferocious creatures need help to survive, but they do. The tiger is an endangered species.

Despite all of the tiger's strengths, the future of the species is uncertain. Tigers face a very high risk of extinction. It is estimated that at the start of the 20th century, there were over 100,000 tigers living in the wild. By the turn of the century, the number of tigers outside of captivity dwindled to just over 3,000. Interestingly, the most serious threats that tigers face come from a much smaller species, one with an average weight of around 140 lbs. That species is Homo sapiens, better known as humans. Humans threaten tigers in primarily two ways: hunting and destroying habitat.

Tigers are hunted for many reasons. People have long valued the famous striped skins. Though trading tiger skins is now illegal in most parts of the world, tiger pelts are worth around \$10,000 on the black-market. Though the fur would be incentive enough for most poachers, other parts of the tiger can also fetch a pretty penny. Some people in China and other Asian cultures believe that various tiger parts have healing properties. Traditional Chinese medicine calls for the use of tiger bones, amongst other parts, in some prescriptions.

SubQuestion No : 18

Q.18 Which is the largest land carnivore?

Ans



1. Tiger



2. Brown Bear



3. Polar bear



4. Lion

SARSWATI CLASSES BY NARANG

Question ID : 6009299319

Comprehension:

A passage is given with 5 questions following it. Read the passage carefully and choose the best answer to each question out of the four alternatives.

Who would win in a fight, a lion or a tiger? Well, if size has anything to do with the matter, the tiger would win. That's because tigers are the largest of all cat species. They grow up to eleven feet long and weigh as much as 670 lbs. This makes tigers the third largest land carnivore. The only larger land carnivores are polar bears and brown bears respectively. Tigers are not only large, they are also fast. They can sprint as fast as 40 miles per hour for short distances and leap as far as 30 feet horizontally. This makes for an extremely dangerous pounce. You might not think that such large, fast, and ferocious creatures need help to survive, but they do. The tiger is an endangered species.

Despite all of the tiger's strengths, the future of the species is uncertain. Tigers face a very high risk of extinction. It is estimated that at the start of the 20th century, there were over 100,000 tigers living in the wild. By the turn of the century, the number of tigers outside of captivity dwindled to just over 3,000. Interestingly, the most serious threats that tigers face come from a much smaller species, one with an average weight of around 140 lbs. That species is Homo sapiens, better known as humans. Humans threaten tigers in primarily two ways: hunting and destroying habitat.

Tigers are hunted for many reasons. People have long valued the famous striped skins. Though trading tiger skins is now illegal in most parts of the world, tiger pelts are worth around \$10,000 on the black-market. Though the fur would be incentive enough for most poachers, other parts of the tiger can also fetch a pretty penny. Some people in China and other Asian cultures believe that various tiger parts have healing properties. Traditional Chinese medicine calls for the use of tiger bones, amongst other parts, in some prescriptions.

SubQuestion No : 19

Q.19 What does the line "Well, if size has anything to do with the matter, the tiger would win" infer?

Ans



1. Lions are larger than tigers.



2. Tigers are larger than lions.



3. Tigers are stronger than lions.



4. Tiger's are the largest cat species.

SARSWATI CLASSES BY NARANG

Question ID : 6009299320

Comprehension:

A passage is given with 5 questions following it. Read the passage carefully and choose the best answer to each question out of the four alternatives.

Who would win in a fight, a lion or a tiger? Well, if size has anything to do with the matter, the tiger would win. That's because tigers are the largest of all cat species. They grow up to eleven feet long and weigh as much as 670 lbs. This makes tigers the third largest land carnivore. The only larger land carnivores are polar bears and brown bears respectively. Tigers are not only large, they are also fast. They can sprint as fast as 40 miles per hour for short distances and leap as far as 30 feet horizontally. This makes for an extremely dangerous pounce. You might not think that such large, fast, and ferocious creatures need help to survive, but they do. The tiger is an endangered species.

Despite all of the tiger's strengths, the future of the species is uncertain. Tigers face a very high risk of extinction. It is estimated that at the start of the 20th century, there were over 100,000 tigers living in the wild. By the turn of the century, the number of tigers outside of captivity dwindled to just over 3,000. Interestingly, the most serious threats that tigers face come from a much smaller species, one with an average weight of around 140 lbs. That species is Homo sapiens, better known as humans. Humans threaten tigers in primarily two ways: hunting and destroying habitat.

Tigers are hunted for many reasons. People have long valued the famous striped skins. Though trading tiger skins is now illegal in most parts of the world, tiger pelts are worth around \$10,000 on the black-market. Though the fur would be incentive enough for most poachers, other parts of the tiger can also fetch a pretty penny. Some people in China and other Asian cultures believe that various tiger parts have healing properties. Traditional Chinese medicine calls for the use of tiger bones, amongst other parts, in some prescriptions.

SubQuestion No : 20

Q.20 What is the most serious threat to tigers?

- Ans
- ☒ 1. Environment
 - ☒ 2. Climate
 - ☒ 3. Natural predators
 - ☒ 4. Humans

SARSWATI CLASSES BY NARANG

Question ID : 6009299318

Section : General Hindi

Q.1 निम्न विकल्पों में से उस विकल्प का चयन करें जो दिए गए शब्द का सही विलोम शब्द है।

विपक्ष

- Ans
- ☒ 1. पक्ष
 - ☒ 2. विरुद्ध
 - ☒ 3. प्रतिकूल
 - ☒ 4. अपक्ष

Question ID : 6009299329

Q.2 निम्न विकल्पों में से उस विकल्प का चयन करें जो सदैव पुल्लिंग का रूप है।

- Ans
- ☒ 1. कढ़ी
 - ☒ 2. गुजराती
 - ☒ 3. समाज
 - ☒ 4. सरदी

Question ID : 6009299334

Q.3 निम्न विकल्पों में से उस विकल्प का चयन करें जो भाववाचक संज्ञा का सही विकल्प है।

- Ans
- ☒ 1. जंगली
 - ☒ 2. कूदना
 - ☒ 3. ठगी
 - ☒ 4. गिरना

Question ID : 6009299327

Q.4 निम्न विकल्पों में से उस विकल्प का चयन करें जो दिए गए प्रत्यय शब्द का सही विकल्प है।

- Ans
- ☒ 1. कमज़ोर
 - ☒ 2. निकम्मा
 - ☒ 3. बलहीन
 - ☒ 4. अधपका

Question ID : 6009299325

Q.5 निम्न विकल्पों में से उस विकल्प का चयन करें जो दिए गए उपसर्ग शब्द का सही विकल्प है।

- Ans
- ☒ 1. तैराक
 - ☒ 2. निश्चित
 - ☒ 3. भूखा
 - ☒ 4. कतरनी

SARSWATI CLASSES BY NARANG

Question ID : 6009299326

Q.6 उचित शब्द छाँटकर वाक्य की पूर्ति कीजिए।

सामने से भेड़-बकरियों का _____ आ रहा है।

- Ans
- ☒ 1. समूह
 - ☒ 2. झुंड
 - ☒ 3. रेवड़
 - ☒ 4. दल

Question ID : 6009299328

Q.7 निम्न विकल्पों में से मिश्र वाक्य को पहचानिए।

- Ans
- ☒ 1. मैंने एक व्यक्ति को देखा जो बहुत लंबा था।
 - ☒ 2. तुम्हारे कहने पर सब मान गए।
 - ☒ 3. बम फटते ही अफरा-तफरी मच गई।
 - ☒ 4. मुझसे मिल लेना परन्तु प्रतीक्षा करनी पड़ेगी।

Question ID : 6009299331

Q.8 निम्न विकल्पों में से उस विकल्प का चयन करें जो दिए गए मुहावरे का सही अर्थ वाला विकल्प है।

सिर - धड़ की बाजी लगाना

- Ans
- ☒ 1. प्रचार करना
 - ☒ 2. लजा जाना
 - ☒ 3. प्राणों की भी परवाह न करना
 - ☒ 4. किसी काम न आना

Question ID : 6009299337

Q.9 निम्न विकल्पों में से उस विकल्प का चयन करें जो दिए गए लोकोक्ति का सही अर्थ वाला विकल्प है।

सौ सयाने एको मत , मूरख आयो आपनी

- Ans
- ☒ 1. अपना अपना भाग्य
 - ☒ 2. जिसका कोई निश्चित मत नहीं है
 - ☒ 3. जबरदस्ती किसी के गले पड़ना
 - ☒ 4. अनेक बुद्धिमानों में भी एकता होती है , पर मूर्खों में नहीं होती

Question ID : 6009299336

Q.10 निम्न विकल्पों में से उस विकल्प का चयन करें जो सदैव एकवचन का रूप है।

- Ans
- ☒ 1. गुरु
 - ☒ 2. घर
 - ☒ 3. सीना
 - ☒ 4. बन्दर

SARSWATI CLASSES BY NARANG

Question ID : 6009299333

Q.11 निम्न विकल्पों में से उस विकल्प का चयन करें जो वाक्य का शुद्ध रूप है।

- Ans
- ☒ 1. मैंने बालक को समझाया - बुझाया।
 - ☒ 2. प्रतिदिनो अपना काम को करो।
 - ☒ 3. यह छात्र बेलायक है।
 - ☒ 4. भाग्यहीन मनुष्य को सब सताता है।

Question ID : 6009299332

Q.12 निम्न विकल्पों में से उस विकल्प का चयन करें जो दिए गए शब्द-युग्म का सही अर्थ है।

अन्यान्य - अन्योन्य

- Ans
- ☒ 1. इत्यादि, परस्पर
 - ☒ 2. दूसरा-दूसरा, इकलौता
 - ☒ 3. समष्टि, दूसरा - दूसरा
 - ☒ 4. दूसरा-दूसरा, परस्पर

Question ID : 6009299330

Q.13 निम्न विकल्पों में से उस विकल्प का चयन करें जो दिए गए संधि-विच्छेद शब्द के सही संधि का विकल्प है।

रजनी + ईश

- Ans
- ☒ 1. रजनश
 - ☒ 2. रजनीश
 - ☒ 3. रजनिश
 - ☒ 4. रजनाश

Question ID : 6009299323

Q.14 निम्न विकल्पों में से उस विकल्प का चयन करें जो दिए गए संधि शब्द का सही संधि-विच्छेद है।

सप्तर्षि

- Ans
- ☒ 1. सप्तर + ऋषि
 - ☒ 2. सप्त + ऋषी
 - ☒ 3. सप्त + रिषी
 - ☒ 4. सप्त+ऋषि

Question ID : 6009299324

Q.15 निम्न विकल्पों में से उस विकल्प का चयन करें जो विराम चिह्न युक्त वाक्य का सही विकल्प है।

- Ans
- ☒ 1. युवक ने हँसकर कहा - "अब मुझे कुछ इनाम देते हो ?
 - ☒ 2. युवक ने हँसकर कहा - अब मुझे कुछ इनाम देते हो ?"
 - ☒ 3. युवक ने हँसकर कहा - " अब मुझे कुछ इनाम देते हो ?"
 - ☒ 4. युवक ने हँसकर कहा "अब मुझे कुछ इनाम देते हो ?"

Question ID : 6009299335

Comprehension:

नीचे दिए गए गद्यांश के बाद ५ प्रश्न दिए गए हैं। इस गद्यांश ध्यान पूर्वक पढ़ें और चार विकल्पों में से प्रत्येक प्रश्न का सर्वोत्तम उत्तर चुनें।

ब्रह्मा के पश्चात् इस भूतल पर मानव को वितरित करने वाली नारी का स्थान सर्वोपरि है। नारी- मां, बहन, पुत्री एवं पत्नी के रूपों में रहती है। मानव का समाज से संबंध स्थापित करने वाली नारी होती है। किंतु दुर्भाग्य है कि इस जगत धात्री को समुचित सम्मान ना देकर उसने प्रारंभ से ही अपने वशीभूत रखने का प्रयत्न किया है। नारी के रूप को देवी का प्रतीक मानते हैं। इसका सम्मान पूरे संसार को बदलने की क्षमता रखता है। नारी को माँ-दुर्गा, माँ सरस्वती और माँ-लक्ष्मी के रूप में पूजा जाता है। प्राचीन भारत में नारी की स्थिति अच्छी थी। वैदिक काल में नारी का सम्मानजनक स्थान था। रोमसा, लोपामुद्रा अधिकारियों ने ऋग्वेद के सूक्तों को रचा, तो सीता, अनुसुइया, सुलोचना आदि के आदर्शों को आज भी स्वीकार किया जाता है। मनुस्मृति के वचन अनुसार:- जहां स्त्री जाति का आदर सम्मान होता है उनकी आवश्यकता और अपेक्षाओं की पूर्ति होती है उस स्थान, समाज, परिवार पर देवता गण प्रसन्न रहते हैं। जहां ऐसा नहीं होता और उनके प्रति तिरस्कार का व्यवहार किया जाता है वहां देव कृपा नहीं रहती है और वहां संपन्न किए गए कार्य सफल नहीं होते।

SubQuestion No : 16

Q.16 अनुच्छेद में किसको सम्मान न देने के बारे में बताया गया है ?

- Ans
- ☒ 1. जगत धात्री को
 - ☒ 2. परिवार को
 - ☒ 3. समाज को
 - ☒ 4. मानव को

Question ID : 6009299339

Comprehension:

नीचे दिए गए गद्यांश के बाद ५ प्रश्न दिए गए हैं। इस गद्यांश ध्यान पूर्वक पढ़ें और चार विकल्पों में से प्रत्येक प्रश्न का सर्वोत्तम उत्तर चुनें।

ब्रह्मा के पश्चात् इस भूतल पर मानव को वितरित करने वाली नारी का स्थान सर्वोपरि है। नारी- मां, बहन, पुत्री एवं पत्नी के रूपों में रहती है। मानव का समाज से संबंध स्थापित करने वाली नारी होती है। किंतु दुर्भाग्य है कि इस जगत धात्री को समुचित सम्मान ना देकर उसने प्रारंभ से ही अपने वशीभूत रखने का प्रयत्न किया है। नारी के रूप को देवी का प्रतीक मानते हैं। इसका सम्मान पूरे संसार को बदलने की क्षमता रखता है। नारी को माँ-दुर्गा, माँ सरस्वती और माँ-लक्ष्मी के रूप में पूजा जाता है। प्राचीन भारत में नारी की स्थिति अच्छी थी। वैदिक काल में नारी का सम्मानजनक स्थान था। रोमसा, लोपामुद्रा अधिकारियों ने ऋग्वेद के सूक्तों को रचा, तो सीता, अनुसुइया, सुलोचना आदि के आदर्शों को आज भी स्वीकार किया जाता है। मनुस्मृति के वचन अनुसार:- जहां स्त्री जाति का आदर सम्मान होता है उनकी आवश्यकता और अपेक्षाओं की पूर्ति होती है उस स्थान, समाज, परिवार पर देवता गण प्रसन्न रहते हैं। जहां ऐसा नहीं होता और उनके प्रति तिरस्कार का व्यवहार किया जाता है वहां देव कृपा नहीं रहती है और वहां संपन्न किए गए कार्य सफल नहीं होते।

SubQuestion No : 17

Q.17 मनुस्मृति में क्या लिखा गया है ?

- Ans
- ☒ 1. जहां स्त्री जाति का अनादर होता है, उस परिवार पर देवता गण प्रसन्ना रहते हैं।
 - ☒ 2. जहां स्त्री जाति का आदर सम्मान होता है, उस परिवार पर देवता गण कुपित रहते हैं।
 - ☒ 3. जहां स्त्री जाति का आदर सम्मान होता है, उस परिवार पर देवता गण प्रसन्न रहते हैं।
 - ☒ 4. जहां स्त्री जाति का आदर सम्मान होता है, उस परिवार पर देवता गण अप्रसन्न रहते हैं।

Question ID : 6009299340

Comprehension:

नीचे दिए गए गद्यांश के बाद ५ प्रश्न दिए गए हैं। इस गद्यांश ध्यान पूर्वक पढ़ें और चार विकल्पों में से प्रत्येक प्रश्न का सर्वोत्तम उत्तर चुनें।

ब्रह्मा के पश्चात् इस भूतल पर मानव को वितरित करने वाली नारी का स्थान सर्वोपरि है। नारी- मां, बहन, पुत्री एवं पत्नी के रूपों में रहती है। मानव का समाज से संबंध स्थापित करने वाली नारी होती है। किंतु दुर्भाग्य है कि इस जगत धात्री को समुचित सम्मान ना देकर उसने प्रारंभ से ही अपने वशीभूत रखने का प्रयत्न किया है। नारी के रूप को देवी का प्रतीक मानते हैं। इसका सम्मान पूरे संसार को बदलने की क्षमता रखता है। नारी को माँ-दुर्गा, माँ सरस्वती और माँ-लक्ष्मी के रूप में पूजा जाता है। प्राचीन भारत में नारी की स्थिति अच्छी थी। वैदिक काल में नारी का सम्मानजनक स्थान था। रोमसा, लोपामुद्रा अधिकारियों ने ऋग्वेद के सूक्तों को रचा, तो सीता, अनुसुइया, सुलोचना आदि के आदर्शों को आज भी स्वीकार किया जाता है। मनुस्मृति के वचन अनुसार:- जहां स्त्री जाति का आदर सम्मान होता है उनकी आवश्यकता और अपेक्षाओं की पूर्ति होती है उस स्थान, समाज, परिवार पर देवता गण प्रसन्न रहते हैं। जहां ऐसा नहीं होता और उनके प्रति तिरस्कार का व्यवहार किया जाता है वहां देव कृपा नहीं रहती है और वहां संपन्न किए गए कार्य सफल नहीं होते।

SubQuestion No : 18

Q.18 नारी को किन - किन रूपों में पूजा जाता है ?

- Ans
- ☒ 1. सीता, अनुसूया
 - ☒ 2. माँ-दुर्गा, माँ-सरस्वती, माँ-लक्ष्मी
 - ☒ 3. लोपामुद्रा, सुलोचना
 - ☒ 4. गार्गी, अनुसूया

Question ID : 6009299341

Comprehension:

नीचे दिए गए गद्यांश के बाद ५ प्रश्न दिए गए हैं। इस गद्यांश ध्यान पूर्वक पढ़ें और चार विकल्पों में से प्रत्येक प्रश्न का सर्वोत्तम उत्तर चुनें।

ब्रह्मा के पश्चात् इस भूतल पर मानव को वितरित करने वाली नारी का स्थान सर्वोपरि है। नारी- मां, बहन, पुत्री एवं पत्नी के रूपों में रहती है। मानव का समाज से संबंध स्थापित करने वाली नारी होती है। किंतु दुर्भाग्य है कि इस जगत धात्री को समुचित सम्मान ना देकर उसने प्रारंभ से ही अपने वशीभूत रखने का प्रयत्न किया है। नारी के रूप को देवी का प्रतीक मानते हैं। इसका सम्मान पूरे संसार को बदलने की क्षमता रखता है। नारी को माँ-दुर्गा, माँ सरस्वती और माँ-लक्ष्मी के रूप में पूजा जाता है। प्राचीन भारत में नारी की स्थिति अच्छी थी। वैदिक काल में नारी का सम्मानजनक स्थान था। रोमसा, लोपामुद्रा अधिकारियों ने ऋग्वेद के सूक्तों को रचा, तो सीता, अनुसुइया, सुलोचना आदि के आदर्शों को आज भी स्वीकार किया जाता है। मनुस्मृति के वचन अनुसार:- जहां स्त्री जाति का आदर सम्मान होता है उनकी आवश्यकता और अपेक्षाओं की पूर्ति होती है उस स्थान, समाज, परिवार पर देवता गण प्रसन्न रहते हैं। जहां ऐसा नहीं होता और उनके प्रति तिरस्कार का व्यवहार किया जाता है वहां देव कृपा नहीं रहती है और वहां संपन्न किए गए कार्य सफल नहीं होते।

SubQuestion No : 19

Q.19 अनुच्छेद के लिए सही शीर्षक चुनें।

Ans



1. नारी सम्मान



2. वैदिक युग की नारी



3. नारी शिक्षा



4. नारी का स्थान सर्वोपरि होता है

Question ID : 6009299343

Comprehension:

नीचे दिए गए गद्यांश के बाद ५ प्रश्न दिए गए हैं। इस गद्यांश ध्यान पूर्वक पढ़ें और चार विकल्पों में से प्रत्येक प्रश्न का सर्वोत्तम उत्तर चुनें।

ब्रह्मा के पश्चात् इस भूतल पर मानव को वितरित करने वाली नारी का स्थान सर्वोपरि है। नारी- मां, बहन, पुत्री एवं पत्नी के रूपों में रहती है। मानव का समाज से संबंध स्थापित करने वाली नारी होती है। किंतु दुर्भाग्य है कि इस जगत धात्री को समुचित सम्मान ना देकर उसने प्रारंभ से ही अपने वशीभूत रखने का प्रयत्न किया है। नारी के रूप को देवी का प्रतीक मानते हैं। इसका सम्मान पूरे संसार को बदलने की क्षमता रखता है। नारी को माँ-दुर्गा, माँ सरस्वती और माँ-लक्ष्मी के रूप में पूजा जाता है। प्राचीन भारत में नारी की स्थिति अच्छी थी। वैदिक काल में नारी का सम्मानजनक स्थान था। रोमसा, लोपामुद्रा अधिकारियों ने ऋग्वेद के सूक्तों को रचा, तो सीता, अनुसुइया, सुलोचना आदि के आदर्शों को आज भी स्वीकार किया जाता है। मनुस्मृति के वचन अनुसार:- जहां स्त्री जाति का आदर सम्मान होता है उनकी आवश्यकता और अपेक्षाओं की पूर्ति होती है उस स्थान, समाज, परिवार पर देवता गण प्रसन्न रहते हैं। जहां ऐसा नहीं होता और उनके प्रति तिरस्कार का व्यवहार किया जाता है वहां देव कृपा नहीं रहती है और वहां संपन्न किए गए कार्य सफल नहीं होते।

SubQuestion No : 20

Q.20 "सम्मान" शब्द का सही विलोम शब्द चुनें।

Ans



1. इज्जत



2. प्रतिष्ठा



3. आदर



4. अपमान

Question ID : 6009299342

Q.1 _____ regularly play sports which don't consist of teamwork and competitive situations. Instead, they play individual sports or activities.

- Ans
- ☐ 1. Type B Personality
 - ☐ 2. Type A Personality
 - ☐ 3. Extroverts
 - ☒ 4. Introverts

Question ID : 6009299346

Q.2 Psycho- sexual developmental takes place during_____.

- Ans
- ☐ 1. Adolescence
 - ☒ 2. Young age
 - ☐ 3. Adulthood
 - ☐ 4. Infancy

Question ID : 6009299348

Q.3 Assessments of flexibility is done with the help of_____.

- Ans
- ☒ 1. Goniometry
 - ☐ 2. Dynamometer
 - ☐ 3. Cyber
 - ☐ 4. Tens meter

SARSWATI CLASSES BY NARANG

Question ID : 6009299361

Q.4 Natural motivation is also known as _____.

- Ans
- ☐ 1. Self actualization
 - ☐ 2. Extrinsic motivation
 - ☒ 3. Intrinsic motivation
 - ☐ 4. Self assertion

Question ID : 6009299355

Q.5 Ida, Pingala, Sushumna are related to _____.

- Ans
- ☐ 1. Karma
 - ☒ 2. Nadi
 - ☐ 3. Prana
 - ☐ 4. Chakras

Question ID : 6009299349

Q.6 Which is the main asana to be avoided by people suffering from slipped disc or sciatica?

- Ans
- ☐ 1. Vajrasana
 - ☒ 2. Paschimothasana
 - ☐ 3. Advasana
 - ☐ 4. Makarasana

Question ID : 6009299352

Q.7 The psychologists usually study on which of the following?

- Ans
- ☐ 1. Guinea Pigs
 - ☐ 2. Dogs
 - ☐ 3. Monkeys
 - ☒ 4. People

Question ID : 6009299344

Q.8 Which Pranayama is called Frontal brain cleansing breath?

- Ans
- ☐ 1. Bhastrika Pranayama
 - ☐ 2. Bhramari Pranayama
 - ☒ 3. Kapalabathi Pranayama
 - ☐ 4. Ujjain Pranayama

SARSWATI CLASSES BY NARANG

Question ID : 6009299354

Q.9 Which of the following Asanas help to reduce Menstruation cramps?

- Ans
- ☐ 1. Karnapidasana
 - ☒ 2. Balasana
 - ☐ 3. Sarvangasana
 - ☐ 4. Shirshasana

Question ID : 6009299353

Q.10 Trataka is related to gazing, while nauli is related to_____.

- Ans
- ☐ 1. Nostril thread pull
 - ☒ 2. Abdominal Churning
 - ☐ 3. Rechaka and Puraka
 - ☐ 4. Vastra Dhauti

Question ID : 6009299350

Q.11 The test used for body composition which is to quantify an individual's obesity level is _____.

- Ans
- ☐ 1. Height/Weight tables
 - ☒ 2. Body mass index
 - ☐ 3. Skin fold measurement
 - ☐ 4. Hydrostatic weighing.

Question ID : 6009299363

Q.12 Instinct theory of motivation was propounded by_____.

- Ans
- ☐ 1. Benedic
 - ☐ 2. Clark Hall
 - ☐ 3. Kurt Levin
 - ☒ 4. McDougall

Question ID : 6009299357

Q.13 Alderfer's theory categorizes needs into three categories. The most important is_____.

- Ans
- ☐ 1. Existence need
 - ☒ 2. Growth needs
 - ☐ 3. Relatedness need
 - ☐ 4. Knowledge needs

SARSWATI CLASSES BY NARANG

Question ID : 6009299347

Q.14 Individual differences are due to_____.

- Ans
- ☐ 1. Environment Impact
 - ☒ 2. Heredity and Environment Impact
 - ☐ 3. Community Impact
 - ☐ 4. Heredity Impact

Question ID : 6009299356

Q.15 The contemporary definition of psychology is:

- Ans
- ☐ 1. The study of motivation , emotion, and abnormality
 - ☐ 2. The study of how a mind works and its effect on the body
 - ☐ 3. The science of mind and it illnesses
 - ☒ 4. The science of behaviour and mental processes

Question ID : 6009299345

Q.16 लक्ष्य निर्धारण अनुसंधान से पता चलता है कि जब लक्ष्य _____ होते हैं, तो लोग उच्च स्तर के प्रयास करेंगे।

- Ans ☒ 1. चुनौतीपूर्ण और विशिष्ट
- ☐ 2. आसान और सामान्य
- ☐ 3. कार्य और मध्यम
- ☐ 4. कठिन

Question ID : 6009299358

Q.17 Range of movement present at body joints refers to _____.

- Ans ☐ 1. Muscular endurance
- ☐ 2. Agility
- ☐ 3. Muscular strength
- ☒ 4. Flexibility

Question ID : 6009299360

Q.18 The ability to makes successive movements in different directions efficiently and rapidly refers to_____.

- Ans ☐ 1. Power
- ☐ 2. Balance
- ☐ 3. Agility
- ☒ 4. Co-Ordination

SARSWATI CLASSES BY NARANG

Question ID : 6009299359

Q.19 Which of the following Mudras helps to relive pain after heart attack and any chronic complaints?

- Ans ☒ 1. Apan Vayu Mudra
- ☐ 2. Varuna Mudra
- ☐ 3. Shunya Mudra
- ☐ 4. Prithvi Mudra

Question ID : 6009299351

Q.20 What is the full form of AAHPERD?

- Ans ☐ 1. American Association for Health, Physical Education, Recreation and Dance
- ☐ 2. Austria Australian Health, Physical Education, Recreation and Dance
- ☒ 3. American Alliance for Health, Physical Education, Recreation and Dance
- ☐ 4. American and Australian Health, Physical Education, Recreation and Dance

Question ID : 6009299362

Q.1 Which system is not a part of the aerobic system for producing ATP?

- Ans
- ☐ 1. Krebs cycle
 - ☒ 2. Aerobic glycolysis
 - ☐ 3. Electron transport cycle
 - ☐ 4. Phosphate system

Question ID : 6009299372

Q.2 The type of research method involving in depth study and execution of available information in an attempt to explain complex phenomena is known as _____.

- Ans
- ☐ 1. Action Research
 - ☐ 2. Developmental Research
 - ☒ 3. Analytical Research
 - ☐ 4. Philosophical Research

Question ID : 6009299374

Q.3 Which of the following is one of the types of quantitative method of data collection?

- Ans
- ☐ 1. Biographical Analysis
 - ☐ 2. Correlation
 - ☒ 3. Observation
 - ☐ 4. Interviews'

SARSWATI CLASSES BY NARANG

Question ID : 6009299375

Q.4 One part out of many where skin fold test measurement of the fat in human body is taken at the mid-chest, just forward of the armpit. This test is called _____ skin fold test.

- Ans
- ☐ 1. Midaxilla
 - ☐ 2. Sub scapular
 - ☐ 3. Abdomen
 - ☒ 4. Pectoral

Question ID : 6009299368

Q.5 Tests like SAT are used to measure_____.

- Ans
- ☐ 1. Achievement
 - ☐ 2. Intelligence
 - ☐ 3. Performance
 - ☒ 4. Aptitude

Question ID : 6009299366

Q.6 Which day is celebrated as 'International Day of Yoga'?

- Ans
- ☐ 1. June 20
 - ☐ 2. June 22
 - ☒ 3. June 21
 - ☐ 4. June 23

Question ID : 6009299383

Q.7 Smooth muscle is under control of_____.

- Ans
- ☒ 1. ANS
 - ☐ 2. CNS
 - ☐ 3. PNS
 - ☐ 4. PPNS

Question ID : 6009299381

Q.8 Myosin heads are called_____.

- Ans
- ☐ 1. A-Bands
 - ☐ 2. Z-Lines
 - ☒ 3. Cross Bridges
 - ☐ 4. I-Bands

SARSWATI CLASSES BY NARANG

Question ID : 6009299382

Q.9 Name the best way out of the following to determine the cardio-vascular efficiency.

- Ans
- ☐ 1. Coopers test
 - ☒ 2. Harvard test
 - ☐ 3. Margarida test
 - ☐ 4. Bench Test

Question ID : 6009299364

Q.10 What is the independent variable in experimental research?

- Ans
- ☒ 1. The variable which is manipulated in an experiment
 - ☐ 2. A variable which no body controls or changes
 - ☐ 3. The variable which is measured, to see results of an experiment
 - ☐ 4. A variable which is held steady

Question ID : 6009299376

Q.11 The measurement of the size and proportion of the human body is called_____.

- Ans
- ☐ 1. Plyometry
 - ☐ 2. Observative
 - ☐ 3. Corrective
 - ☒ 4. Anthropometry

Question ID : 6009299369

Q.12 The direct measurement of fat deposit subcutaneously is done by_____.

- Ans
- ☐ 1. Hydrostatic weighing.
 - ☐ 2. Harvard instrument
 - ☐ 3. Dynamometer
 - ☒ 4. Skin fold Calliper

Question ID : 6009299367

Q.13 What is not possessed by fast twitch muscles in comparison to slow twitch muscles?

- Ans
- ☐ 1. Fat contraction speed
 - ☒ 2. Less resistant to fatigue
 - ☐ 3. Less Myosin cross bridges
 - ☐ 4. High AT pase activity

SARSWATI CLASSES BY NARANG

Question ID : 6009299370

Q.14 Treatment in which water is used is called _____.

- Ans
- ☒ 1. Hydro therapy
 - ☐ 2. Friction
 - ☐ 3. Thermo therapy
 - ☐ 4. Cryo therapy

Question ID : 6009299380

Q.15 What is the time duration of field goal speed test in Johnson test?

- Ans
- ☒ 1. 30 seconds
 - ☐ 2. 2 Minutes
 - ☐ 3. 2 Minutes 30 seconds
 - ☐ 4. 1 Minutes

Question ID : 6009299365

Q.16 Increase in the blood lactate is due to_____.

- Ans
- ☒ 1. oxygen absence
 - ☒ 2. Aerobic Potential
 - ☒ 3. Anaerobic threshold
 - ☒ 4. Anaerobic

Question ID : 6009299371

Q.17 Cardiac output refers to_____.

- Ans
- ☒ 1. The volume of blood pumped by each ventricle per minute
 - ☒ 2. The product of the ejection fraction and heart rate
 - ☒ 3. The electrical output of the cardiac conduction system during a single cardiac cycle
 - ☒ 4. The proportion of blood pumped out of each ventricle during systole

Question ID : 6009299378

Q.18 'Sit and reach test' measures_____.

- Ans
- ☒ 1. Hamstring and back flexibility
 - ☒ 2. Abdominal strength
 - ☒ 3. Hyperextension of the back
 - ☒ 4. Shoulder flexibility

SARSWATI CLASSES BY NARANG

Question ID : 6009299377

Q.19 Which of the following is the best measure of variability ?

- Ans
- ☒ 1. Mode
 - ☒ 2. Range
 - ☒ 3. Standard Deviation
 - ☒ 4. Mean Deviation

Question ID : 6009299373

Q.20 रक्त प्रवाह को कम करने के लिए रक्त वाहिकाओं का संकुचन _____ द्वारा प्राप्त किया जाता है।

- Ans
- ☒ 1. सहानुभूति (सिम्पैथेटिक) गतिविधि में वृद्धि
 - ☒ 2. बढ़ी हुई पैरासिम्पैथेटिक गतिविधि
 - ☒ 3. कम सहानुभूति (सिम्पैथेटिक) गतिविधि
 - ☒ 4. पैरासिम्पैथेटिक गतिविधि में कमी

Question ID : 6009299379

Q.1 Ergometry is a process by which we measure_____.

- Ans
- ☒ 1. Lung capacity
 - ☒ 2. Brain Activity
 - ☒ 3. Muscle Potential
 - ☒ 4. Cardiac output

Question ID : 6009299391

Q.2 Root mean square deviation is also called_____.

- Ans
- ☒ 1. Correlation
 - ☒ 2. Standard Deviation
 - ☒ 3. Variance
 - ☒ 4. Mean Deviation

Question ID : 6009299400

Q.3 Test used to measure Cardio-respiratory endurance is _____ test.

- Ans
- ☒ 1. Thread mill
 - ☒ 2. Cyber
 - ☒ 3. Tense meter
 - ☒ 4. Dynamometer

SARSWATI CLASSES BY NARANG

Question ID : 6009299387

Q.4 Queens college step test is used to measure_____.

- Ans
- ☒ 1. Cardio-vascular
 - ☒ 2. Endurance
 - ☒ 3. Heart Rate
 - ☒ 4. Flexibility

Question ID : 6009299390

Q.5 Name the test to determine the cardio-vascular efficiency.

- Ans
- ☒ 1. Margaria Step Test
 - ☒ 2. Cooper Test
 - ☒ 3. Harvard test
 - ☒ 4. Bench Test

Question ID : 6009299393

Q.6 इक्कीसवीं सदी में खेल मनोरंजन ने खेल पंडित का उदय देखा है। निम्नलिखित में से किसी एक खेल पंडित की प्रमुख भूमिका को पहचानें:

- Ans
- ☐ 1. खेलकूद प्रतियोगिता के दौरान विश्राम की व्यवस्था करने के लिए
 - ☐ 2. दर्शकों को परिणाम संप्रेषित करने के लिए
 - ☐ 3. दर्शकों की रुचि और उत्साह प्रदान करने के लिए
 - ☒ 4. किसी विशेष विषय क्षेत्र पर अपनी राय या टिप्पणी देने के लिए

Question ID : 6009299397

Q.7 The efforts to control the use of performance enhancing drugs in sports will only be effective if they:

- Ans
- ☒ 1. Recognize that most use of drugs is a form of deviant over conformity
 - ☐ 2. Appeal for fair play within sports
 - ☐ 3. Provide education programmers emphasizing the dangers of drug abuse
 - ☐ 4. Appeal to personal values of athletes themselves

Question ID : 6009299395

Q.8 Tennis skill is measured by which of the following tests?

- Ans
- ☒ 1. Dyers Test
 - ☐ 2. Mc Donald's Test
 - ☐ 3. Miller Wall Volley Test
 - ☐ 4. Kraus Weber Test

SAKSWATI CLASSES BY NARANG

Question ID : 6009299392

Q.9 फाउल बॉल और होम रन की समीक्षा के लिए 2009 में किस खेल के लिए वीडियो रिव्यू पेश किया गया था?

- Ans
- ☐ 1. क्रिकेट
 - ☒ 2. बेसबॉल
 - ☐ 3. फुटबॉल
 - ☐ 4. रग्बी

Question ID : 6009299398

Q.10 What is the meaning of the word 'Hatha' ?

- Ans
- ☐ 1. Fire and Water
 - ☐ 2. Earth and Wind
 - ☒ 3. Sun and Moon
 - ☐ 4. Yin and Yang

Question ID : 6009299386

Q.11 मार्जरीआसन नाम किस जानवर की प्राकृतिक गति और आसन से व्युत्पन्न किया गया है?

- Ans
- ☐ 1. बाघ
 - ☐ 2. कोबरा
 - ☐ 3. हिरण
 - ☒ 4. बिल्ली

Question ID : 6009299385

Q.12 Modern technology has been said to increase participation in sport. Which one of the following has had the greatest impact?

- Ans
- ☐ 1. The design of sports clothing
 - ☐ 2. The development of climate chambers that can mimic different environment conditions
 - ☐ 3. The use of composite materials that make sports equipment lighter and stronger
 - ☒ 4. The provision of sporting facilities

Question ID : 6009299394

Q.13 Product moment coefficient of correlation measures which particular type of relationship between two variables?

- Ans
- ☐ 1. Curvilinear
 - ☒ 2. Linear
 - ☐ 3. Circular
 - ☐ 4. Parabolic

SARSWATI CLASSES BY NARANG

Question ID : 6009299402

Q.14 The Athlete Biological Passport is part of modern technology. What is its main function in elite sport?

- Ans
- ☐ 1. It is administered to establish whether an athlete is manipulating his/her physiological variables
 - ☐ 2. It is an excellent alternative to ensure fair outcomes
 - ☐ 3. It serves as a platform for an ethical Rule of Sport
 - ☒ 4. It profiles biological markers of doping and results of doping tests

Question ID : 6009299396

Q.15 Assessment of flexibility is done with the help of_____.

- Ans
- ☐ 1. Tense meter
 - ☐ 2. Dynamometer
 - ☒ 3. Goniometry
 - ☐ 4. Cyber

Question ID : 6009299388

Q.16 Which technological development in Paralympics' sport is a type of prosthetic?

- Ans
- ☐ 1. Cambered wheels
 - ☒ 2. Running blades
 - ☐ 3. Propone
 - ☐ 4. Game analysis software

Question ID : 6009299399

Q.17 Which gland/s is benefitted by rotational movements of the neck in yoga?

- Ans
- ☐ 1. Hypothalamus
 - ☒ 2. Thyroid
 - ☐ 3. Sweat Glands
 - ☐ 4. Pancreas

Question ID : 6009299384

Q.18 The average amount by which the quartiles differ from the median is represented by the _____.

- Ans
- ☐ 1. Inter - Quartile Range
 - ☒ 2. Quartile Deviation
 - ☐ 3. Range
 - ☐ 4. Mean Deviation

SARSWATI CLASSES BY NARANG

Question ID : 6009299401

Q.19 The formula $3 \text{ median} - 2 \text{ mean}$ is used to compute:

- Ans
- ☐ 1. Arithmetic Mean
 - ☒ 2. Mode
 - ☐ 3. Weighted Mean
 - ☐ 4. Median

Question ID : 6009299403

Q.20 Which one of the following instruments comes under the preview of Anthropometry?

- Ans
- ☐ 1. Treadmill
 - ☐ 2. Skin Fold Calliper
 - ☐ 3. Ultrasound
 - ☒ 4. Dynamometer

Question ID : 6009299389

Q.1 An angle between the line of the muscle fiber alignment and the longitudinal axis of the muscle is:

- Ans
- ☐ 1. Resultant angle
 - ☒ 2. Pennation angle
 - ☐ 3. Absolute angle
 - ☐ 4. Angle of Pull

Question ID : 6009299408

Q.2 The sampling method chosen when the members of a special population are difficult to locate is:

- Ans
- ☐ 1. Purposive sampling
 - ☐ 2. Dimensional Sampling
 - ☒ 3. Snowball Sampling
 - ☐ 4. A Variability sampling

Question ID : 6009299404

Q.3 'Hunch back' is also known as_____.

- Ans
- ☐ 1. Lordosis
 - ☐ 2. Scoliosis
 - ☒ 3. Kyphosis
 - ☐ 4. Back pain

SARSWATI CLASSES BY NARANG

Question ID : 6009299405

Q.4 Since which year the nature of sports and mass media relationship has been distinctly shaped by American Capitalism?

- Ans
- ☐ 1. 1831
 - ☐ 2. 1930
 - ☒ 3. 1830
 - ☐ 4. 1931

Question ID : 6009299420

Q.5 When a concave joint surface moves on a convex stationary joint surface, its roll and slides occurs in_____.

- Ans
- ☒ 1. Same Direction
 - ☐ 2. All Direction
 - ☐ 3. Opposite Direction
 - ☐ 4. Horizontal Direction

Question ID : 6009299410

Q.6 विकास के लिए सतत संचार निम्न पर केंद्रित है:

- Ans
- ☒ 1. परिवर्तन शिक्षण
 - ☐ 2. कॉर्पोरेट तकनीक के लिए आवेदन
 - ☐ 3. सहभागी अस्वीकृति
 - ☐ 4. निर्णय लेना

Question ID : 6009299418

Q.7 Who is the first Indian Woman to win an Olympic medal for India?

- Ans
- ☐ 1. Sakshi Malik
 - ☐ 2. P.V. Sindhu
 - ☒ 3. Karman Malleshwari
 - ☐ 4. Saina Nehwal

Question ID : 6009299421

Q.8 Which is the largest cricket stadium in the world?

- Ans
- ☐ 1. Lord's Cricket Stadium
 - ☐ 2. Eden Garden
 - ☐ 3. Melbourne Cricket Stadium
 - ☒ 4. Motera Stadium

SARSWATI CLASSES BY NARANG

Question ID : 6009299419

Q.9 Kinetic Energy Recovery System (KERS) belongs to which sport?

- Ans
- ☐ 1. Ice Hockey
 - ☒ 2. Auto Racing
 - ☐ 3. Kayaking
 - ☐ 4. Rugby

Question ID : 6009299423

Q.10 All of the following are advantages of open chain exercise, except_____.

- Ans
- ☒ 1. Able to exercise through increased ROM
 - ☐ 2. Exercise for non weight bearing positional
 - ☐ 3. Able to isolate muscle
 - ☐ 4. Interval joint compression

Question ID : 6009299414

Q.11 Where is the largest tendon in the body?

- Ans
- ☐ 1. neck
 - ☐ 2. Shoulder
 - ☒ 3. Heel
 - ☐ 4. Pelvis

Question ID : 6009299415

Q.12 Bending forward of the trunk is an example of movement in the_____.

- Ans
- ☐ 1. Sagittal plane
 - ☐ 2. Frontal plane
 - ☒ 3. Transverse plane
 - ☐ 4. Longitudinal axis

Question ID : 6009299407

Q.13 Which is the highest sporting award in India?

- Ans
- ☐ 1. Arjuna Award
 - ☐ 2. Dhyanchand Award
 - ☐ 3. Dronacharya Award
 - ☒ 4. Rajiv Gandhi Khel Ratna Award

SARSWATI CLASSES BY NARANG

Question ID : 6009299422

Q.14 The "C" in the acronym R.I.C.E. stands for:

- Ans
- ☐ 1. Consistent
 - ☐ 2. Constant
 - ☐ 3. Complement
 - ☒ 4. Compression

Question ID : 6009299412

Q.15 In which Olympic did women participate for the first time?

- Ans
- ☐ 1. 1928 Amsterdam
 - ☒ 2. 1900 Paris
 - ☐ 3. 1896 Athens
 - ☐ 4. 1920 Antwerp

Question ID : 6009299416

Q.16 Mass Media legitimize the audience's :

- Ans
- ☐ 1. Political connection
 - ☐ 2. Power structure
 - ☒ 3. Prestige and status
 - ☐ 4. Family relation

Question ID : 6009299417

Q.17 Speed Play Means_____.

- Ans
- ☒ 1. Fartlek Training
 - ☐ 2. Cross Training
 - ☐ 3. Speed Training
 - ☐ 4. Interval Training

Question ID : 6009299413

Q.18 Any external resistance that remains constant throughout the movement is_____.

- Ans
- ☒ 1. Isotonic Resistance
 - ☐ 2. Isometric Resistance
 - ☐ 3. Isokinetic Resistance
 - ☐ 4. Isoinertial Resistance

SARSWATI CLASSES BY NARANG

Question ID : 6009299409

Q.19 When the pivot is at the elbow and the forearm acts as the lever arm, it is which class of lever?

- Ans
- ☐ 1. Class 1
 - ☒ 2. Class 3
 - ☐ 3. Class 2
 - ☐ 4. Class 4

Question ID : 6009299406

Q.20 What does PNF stand for?

- Ans
- ☐ 1. Proprioception Neuromuscular Facilitate
 - ☐ 2. Proprioception Neuromuscular Facilitation
 - ☐ 3. Proprioceptive Neuromuscular Facilitate
 - ☒ 4. Proprioceptive Neuromuscular Facilitation

Question ID : 6009299411

Q.1 Which of the following is the first step in sports Management?

- Ans
- ☒ 1. Budgeting
 - ☒ 2. Planning
 - ☒ 3. Directing
 - ☒ 4. Staffing

Question ID : 6009299427

Q.2 'Zygomatic' bone is present in _____.

- Ans
- ☒ 1. Skull
 - ☒ 2. Upper Limb
 - ☒ 3. Lower Limb
 - ☒ 4. Vertebral Column

Question ID : 6009299432

Q.3 Carbohydrates are converted into sugar in the _____.

- Ans
- ☒ 1. Large Intestine
 - ☒ 2. Duodenum
 - ☒ 3. Liver
 - ☒ 4. Digestive Tract

SARSWATI CLASSES BY NARANG

Question ID : 6009299435

Q.4 ऊर्जा और ताकत प्राबल्य खेलों के लिए, आहार _____ से भरपूर होना चाहिए।

- Ans
- ☒ 1. वसा
 - ☒ 2. खनिज
 - ☒ 3. कार्बोहाइड्रेट
 - ☒ 4. विटामिन

Question ID : 6009299436

Q.5 Kinetic Energy Recovery System is used in _____.

- Ans
- ☒ 1. Javelin throw
 - ☒ 2. Volleyball
 - ☒ 3. Car racing
 - ☒ 4. Pole vault

Question ID : 6009299439

Q.6 The fund constituted to assist sports persons of yester years who had brought glory to the Country in sports but are now living in indignant circumstances is_____ for Sportspersons.

- Ans
- ☒ 1. National Sports Development Fund
 - ☒ 2. Indian Retirement Fund
 - ☒ 3. Rural Sports Program
 - ☒ 4. National Welfare fund

Question ID : 6009299424

Q.7 Effective communication is essential in sports management to keep live its_____.

- Ans
- ☒ 1. Dynamics
 - ☒ 2. Foundation
 - ☒ 3. Principle
 - ☒ 4. Character

Question ID : 6009299426

Q.8 Intramural program creates in students a sense of _____.

- Ans
- ☒ 1. Discipline
 - ☒ 2. Achievement
 - ☒ 3. Humour and Respect
 - ☒ 4. Involvement and Achievement

Question ID : 6009299425

Q.9 Which vitamin may interact with the anticoagulant Warfarin and increase the risk of excessive bleeding?

- Ans
- ☒ 1. Vitamin A
 - ☒ 2. Vitamin K
 - ☒ 3. Vitamin E
 - ☒ 4. Vitamin B12

Question ID : 6009299437

Q.10 The equipments foil and saber belongs to which of the following sports?

- Ans
- ☒ 1. Fencing
 - ☒ 2. Skating
 - ☒ 3. Kayaking
 - ☒ 4. Rowing

Question ID : 6009299442

Q.11 Who invented Hawk-Eye technology?

- Ans
- ☐ 1. Ross Tucker
 - ☒ 2. Dr Paul Hawkins
 - ☐ 3. Jaap Haartsen
 - ☐ 4. Tony Lewis

Question ID : 6009299440

Q.12 The 1st AIMS International Congress of Sports Medicine was held during the IXth Summer Olympic Games held in Amsterdam, The Netherlands, in August _____.

- Ans
- ☐ 1. 1948
 - ☐ 2. 1938
 - ☒ 3. 1928
 - ☐ 4. 1958

Question ID : 6009299430

Q.13 Soft tissue injuries are classified as injuries to which of the following ____.

- Ans
- ☐ 1. Bone and Skin
 - ☒ 2. Muscles, ligaments, tendons, and Skins
 - ☐ 3. Muscle and bone
 - ☐ 4. Bone and Teeth

SARSWATI CLASSES BY NARANG

Question ID : 6009299431

Q.14 उपवास के दौरान शरीर का कार्बोहाइड्रेट (ग्लाइकोजन) भंडार लगभग कितने समय तक चलता है?

- Ans
- ☐ 1. 4 दिन
 - ☐ 2. 3 दिन
 - ☐ 3. 72 घंटे
 - ☒ 4. 24 घंटे

Question ID : 6009299438

Q.15 Goal line technology (GLT) is used in _____.

- Ans
- ☐ 1. Hockey
 - ☐ 2. Basketball
 - ☐ 3. Handball
 - ☒ 4. Football

Question ID : 6009299441

Q.16 In which year was the first televised sports game featuring instant replay introduced?

- Ans
- ☐ 1. 4 June 1955
 - ☐ 2. 27 June 1951
 - ☒ 3. 7 December 1963
 - ☐ 4. 12 November 1960

Question ID : 6009299443

Q.17 नेतृत्व एक व्यवहारिक प्रक्रिया है जो _____ पर केंद्रित है।

- Ans
- ☐ 1. समूह की स्थितिजन्य विशेषताएं
 - ☐ 2. लक्ष्य निर्धारित करना और कार्य पूरा करवाना
 - ☒ 3. निर्धारित लक्ष्यों की ओर व्यक्तियों और समूह को प्रभावित करना
 - ☐ 4. अच्छे संबंध विकसित करना और बनाए रखना

Question ID : 6009299429

Q.18 An outline of the topics of a subject to be covered in specific time is called :

- Ans
- ☐ 1. Course
 - ☐ 2. Programmed
 - ☒ 3. Syllabus
 - ☐ 4. Semester

SARSWATI CLASSES BY NARANG

Question ID : 6009299428

Q.19 The World Health Day is celebrated on _____.

- Ans
- ☐ 1. 1 February
 - ☐ 2. 26 December
 - ☒ 3. 7 April
 - ☐ 4. 6 October

Question ID : 6009299434

Q.20 Incomplete recovery is vital in _____.

- Ans
- ☐ 1. Fartlek Training
 - ☐ 2. Continuous Method of Training
 - ☒ 3. Interval Training
 - ☐ 4. Cross Country

Question ID : 6009299433

Q.1 There are five components of physical fitness that you need to consider. Which of the following is NOT one of these 5 components of health-related physical fitness?

- Ans
- ☒ 1. muscular flexibility
 - ☐ 2. strong self image
 - ☒ 3. endurance
 - ☒ 4. body composition

Question ID : 6009299449

Q.2 Motor skills are movements and actions of the muscles. Motor skills are learnt best by_____.

- Ans
- ☒ 1. Memorization
 - ☒ 2. Imitation
 - ☒ 3. Observation
 - ☐ 4. Practice

Question ID : 6009299455

Q.3 In the Data View in the SPSS Data Editor, each row represents what?

- Ans
- ☐ 1. A Case
 - ☒ 2. A variable
 - ☒ 3. A missing value
 - ☒ 4. A data point

SARSWATI CLASSES BY NARANG

Question ID : 6009299457

Q.4 Bullet start is also known as_____.

- Ans
- ☒ 1. Medium Start
 - ☒ 2. Sitting Start
 - ☐ 3. Bunch Start
 - ☒ 4. Elongated start

Question ID : 6009299462

Q.5 All those types of computer memories that are directly accessed by the processor using data bus are called_____.

- Ans
- ☐ 1. Primary memory
 - ☒ 2. Primary storage
 - ☒ 3. Internal memory
 - ☒ 4. Secondary memory

Question ID : 6009299460

Q.6 All of the following are the benefits of an effective lifestyle management programme, except:

- Ans
- ☒ 1. Reduce the incidence and severity of chronic health conditions.
 - ☒ 2. Guaranteed long life
 - ☒ 3. Improve productivity
 - ☒ 4. Reduce medical and healthcare costs

Question ID : 6009299448

Q.7 All of the following can be easily accomplished using SPSS and cannot be easily accomplished using excel?

- Ans
- ☒ 1. Multi-dimensional scaling
 - ☒ 2. Descriptive Ratio Analysis
 - ☒ 3. PLUM regression
 - ☒ 4. Pivot Tables

Question ID : 6009299461

Q.8 The SEMO agility test is suitable for which of the following?

- Ans
- ☒ 1. Badminton
 - ☒ 2. Archery
 - ☒ 3. 400 Mts Sprint
 - ☒ 4. Weight lifting

SARSWATI CLASSES BY NARANG

Question ID : 6009299444

Q.9 SPSS uses the term 'Scale' to refer to_____.

- Ans
- ☒ 1. Only Ratio Level Data
 - ☒ 2. Categorical data
 - ☒ 3. Both interval and ratio level data
 - ☒ 4. Both nominal and ordinal level data

Question ID : 6009299458

Q.10 Which skill/ability is most important out of the given options for long-distance swimming?

- Ans
- ☒ 1. Muscular Endurance
 - ☒ 2. Flexibility
 - ☒ 3. Speed
 - ☒ 4. Agility

Question ID : 6009299445

Q.11 A well balanced _____ is necessary for a sportsperson to replenish her vitamins, minerals and protein needs.

- Ans
- ☒ 1. Food and Nutrition
 - ☐ 2. Routine and Schedule
 - ☐ 3. Fitness
 - ☐ 4. Environment

Question ID : 6009299446

Q.12 मानसिक विकास, विकास का महत्वपूर्ण पहलू है। मानसिक विकास मुख्य रूप से निम्नलिखित में से किससे संबंधित है?

- Ans
- ☐ 1. भावनात्मक परिपक्वता
 - ☐ 2. नीतिपरक और नैतिक प्रणाली
 - ☒ 3. तर्क और सोच
 - ☐ 4. बाह्य और आन्तरिक अंग

Question ID : 6009299453

Q.13 After importing data into SPSS, and at the Data View screen, to begin the calculation of chi square we have to do the steps in which order?

- Ans
- ☐ 1. Click on Analyze > Crosstabs > Descriptive Statistics
 - ☒ 2. Click on Analyze > Descriptive Statistics > Crosstabs
 - ☐ 3. Click on Crosstabs > Descriptive Statistics > Analyze
 - ☐ 4. Click on Crosstabs > Analyze > Descriptive Statistics

Question ID : 6009299459

Q.14 मधुमेह _____ है जो उच्च रक्त शर्करा के स्तर द्वारा वर्णित है।

- Ans
- ☐ 1. आहार संबंधी समस्या
 - ☐ 2. रोग जो मुख्य रूप से महिलाओं को प्रभावित करता है
 - ☒ 3. चयापचय विकार
 - ☐ 4. शारीरिक गतिविधि में कमी

Question ID : 6009299450

Q.15 The Law of Effect principle developed by Edward Thorndike is also known as _____.

- Ans
- ☐ 1. Law of use and disuse
 - ☐ 2. Law of Frequency
 - ☐ 3. Law of regency
 - ☒ 4. Law of Satisfaction

Question ID : 6009299454

Q.16 A beep test score of 14 would suggest what level of fitness for an athlete in 18 to 25 age group?

- Ans
- ☐ 1. Average
 - ☒ 2. Excellent
 - ☐ 3. Good
 - ☐ 4. Poor

Question ID : 6009299447

Q.17 Weight of cross bar in high jump is _____.

- Ans
- ☒ 1. 2 Kg
 - ☐ 2. 2.5 Kg
 - ☐ 3. 3.5 Kg
 - ☐ 4. 4 Kg

Question ID : 6009299463

Q.18 Plato is known as, 'Father of _____'.

- Ans
- ☒ 1. Idealism
 - ☐ 2. Naturalism
 - ☐ 3. Pragmatism
 - ☐ 4. Realism

SARSWATI CLASSES BY NARANG

Question ID : 6009299456

Q.19 Wellness for a student includes all of the following EXCEPT:

- Ans
- ☐ 1. Spiritual health
 - ☐ 2. Physical health
 - ☒ 3. Occupational health
 - ☐ 4. Environmental health

Question ID : 6009299451

Q.20 Psychological skill training maximizes the combination of _____ skills.

1) Technical 2) Tactical 3) Psychological 4) Physical

- Ans
- ☒ 1. 1,2,3, and 4
 - ☐ 2. 1 and 4
 - ☐ 3. Only 3
 - ☐ 4. 2 and 3

Question ID : 6009299452

Q.1 Night blindness is one of the first signs of vitamin _____ deficiency.

- Ans
- ☐ 1. E
 - ☐ 2. C
 - ☒ 3. A
 - ☐ 4. D

Question ID : 6009299476

Q.2 एक ट्रैक इवेंट में, एक एथलीट को विजेता के रूप में कब आंका जाता है?

- Ans
- ☐ 1. जब पैर का अंगूठा अंतिम रेखा को पार करता है
 - ☒ 2. जब धड़ अंतिम रेखा को पार करता है
 - ☐ 3. जब सिर अंतिम रेखा को पार करता है
 - ☐ 4. जब घुटना अंतिम रेखा को पार करता है

Question ID : 6009299466

Q.3 Which of the following are the 3 parts and the correct sequence of actions taken in a Triple jump?

- Ans
- ☐ 1. Jump-skip-Land
 - ☐ 2. Run-leap-Land
 - ☒ 3. Hop-step-Jump
 - ☐ 4. Hop-jump-Step

SARSWATI CLASSES BY NARANG

Question ID : 6009299467

Q.4 Who amongst the following is a recipient of both these awards: the Arjuna award and Dronacharya award?

- Ans
- ☒ 1. Sanjeeva Singh
 - ☐ 2. Tarundeep Rai
 - ☐ 3. Purnima Mahato
 - ☐ 4. Arjun Munda

Question ID : 6009299473

Q.5 तालवाद्य-ओरिएण्टेड मालिश जिसमें लयबद्ध, कोमल और तेज़ तरीके से दोनों हाथों का उपयोग करते हुए बार बार झटके देके कोमल ऊतकों पर दबाव बनाना शामिल है, उसे _____ कहा जाता है।

- Ans
- ☐ 1. संकर्षण
 - ☒ 2. टपोटमेंट
 - ☐ 3. पेट्रीसेज
 - ☐ 4. गहरा घर्षण

Question ID : 6009299477

Q.6 What is the standard width of track marking ?

- Ans
- ☐ 1. 0.2 m
 - ☐ 2. 0.05 cm
 - ☒ 3. 0.05 m
 - ☐ 4. 0.15 m

Question ID : 6009299464

Q.7 The term 'Home Run' is generally used in which of the following sports?

- Ans
- ☐ 1. Rugby
 - ☐ 2. Relay Races
 - ☒ 3. Baseball
 - ☐ 4. Football

Question ID : 6009299471

Q.8 अस्थिभंग के बाद, _____ उपचार के प्रारंभिक चरण के दौरान अस्थि की स्थिति को पुनःस्थापित कर सकता है या अस्थायी रूप से पीड़ा को कम कर सकता है।

- Ans
- ☐ 1. पेट्रीसेज
 - ☐ 2. टपोटमेंट
 - ☐ 3. एफ्ल्युरेज
 - ☒ 4. संकर्षण

SARSWATI CLASSES BY NARANG

Question ID : 6009299480

Q.9 Winning the Thomas Cup, trophy signifies world supremacy in the sport of _____.

- Ans
- ☐ 1. Hockey
 - ☒ 2. Badminton
 - ☐ 3. Chess
 - ☐ 4. Tennis

Question ID : 6009299470

Q.10 निम्नलिखित में से किस खेल में स्क्रिमोमीटर का उपयोग किया जाता है?

- Ans
- ☒ 1. क्रिकेट
 - ☐ 2. हाइकिंग
 - ☐ 3. मुक्केबाज़ी
 - ☐ 4. घुड़सवारी खेल

Question ID : 6009299483

Q.11 With which sport is a shot clock usually associated?

- Ans
- ☐ 1. Boxing
 - ☐ 2. Weightlifting
 - ☐ 3. Wrestling
 - ☒ 4. Basketball

Question ID : 6009299482

Q.12 Which of the following joints in the human body has a Ball and Socket type joint?

- Ans
- ☐ 1. knee
 - ☐ 2. elbow
 - ☒ 3. shoulder
 - ☐ 4. ankle

Question ID : 6009299478

Q.13 _____ means how far a joint moves without assistance. This motion consists of how far you can move your joint in any given direction.

- Ans
- ☒ 1. AROM
 - ☐ 2. Static
 - ☐ 3. PROM
 - ☐ 4. RST

SARSWATI CLASSES BY NARANG

Question ID : 6009299479

Q.14 For the Tokyo Olympics 2020 in the freestyle swimming events will be for all of the following distances, except _____.

- Ans
- ☐ 1. 50m
 - ☒ 2. 1000m
 - ☐ 3. 1500m
 - ☐ 4. 800m

Question ID : 6009299469

Q.15 When was the first official international football match played? It was played between the national teams of Scotland and England.

- Ans
- ☐ 1. 1902
 - ☐ 2. 1870
 - ☒ 3. 1872
 - ☐ 4. 1929

Question ID : 6009299472

Q.16 मोटापा निम्नलिखित सभी बीमारियों का कारण हो सकता है, सिवाय:

- Ans
- ☒ 1. अस्थिसंध्याति
 - ☒ 2. मधुमेह
 - ☒ 3. कैंसर
 - ☒ 4. इस्किमिक हृदय रोग

Question ID : 6009299475

Q.17 बैडमिंटन में प्रयुक्त शटलकोक का दूसरा नाम _____ है।

- Ans
- ☒ 1. ईगल ब्लाड
 - ☒ 2. बर्डी
 - ☒ 3. फ्लावर
 - ☒ 4. कोक्कुबरा

Question ID : 6009299481

Q.18 In 110 meters hurdle race, the distance between the starting line and the first hurdle is _____.

- Ans
- ☒ 1. 12.72 m
 - ☒ 2. 13.72 m
 - ☒ 3. 11.72 m
 - ☒ 4. 10.72 m

SARSWATI CLASSES BY NARANG

Question ID : 6009299465

Q.19 _____ is a postural deformity in which the legs are bent inward and knees strike each other while walking or running.

- Ans
- ☒ 1. Genu Velgum
 - ☒ 2. Scoliosis
 - ☒ 3. Lordosis
 - ☒ 4. Kyphosis

Question ID : 6009299474

Q.20 IAAF (International Association of Athletics Federations, formerly International Amateur Athletic Federation) was formed in the year of_____.

- Ans
- ☒ 1. 1932
 - ☒ 2. 1972
 - ☒ 3. 1912
 - ☒ 4. 1952

Question ID : 6009299468

Q.1 Which of the following programming languages is an architectural neutral language because it is capable of running on any given processor?

- Ans
- ☒ 1. Java
 - ☐ 2. Ruby
 - ☐ 3. Blocky
 - ☐ 4. Python

Question ID : 6009299501

Q.2 _____ distribution is a discrete frequency distribution which gives the probability of a number of independent events occurring in a fixed time.

- Ans
- ☐ 1. Normal
 - ☐ 2. Binomial
 - ☐ 3. chi square
 - ☒ 4. Poisson

Question ID : 6009299497

Q.3 The standard deviation is independent of:

- Ans
- ☐ 1. Change of origin and scale of measurement
 - ☐ 2. Change of scale of measurement
 - ☒ 3. Change of origin
 - ☐ 4. Neither change of origin nor change of scale

Question ID : 6009299496

Q.4 A digraph that has no self-loop or parallel edges is called a _____.

- Ans
- ☐ 1. Bi Diagraph
 - ☐ 2. Regular Diagraph
 - ☒ 3. Simple Diagraph
 - ☐ 4. Complete Diagraph

Question ID : 6009299499

Q.5 Which is the preferred measure of dispersion that can be computed in case of open - end classes ?

- Ans
- ☐ 1. Standard Deviation
 - ☒ 2. Quartile Deviation
 - ☐ 3. Coefficient of variation
 - ☐ 4. Range

Question ID : 6009299495

Q.6 What will be the probability of getting odd numbers if a dice is thrown?

- Ans
- ☐ 1. $\frac{4}{2}$
 - ☐ 2. 2
 - ☐ 3. $\frac{5}{1}$
 - ☒ 4. $\frac{1}{2}$

Question ID : 6009299498

Q.7 The number of elements in the obtained sample is called_____.

- Ans
- ☐ 1. Sampling frame
 - ☐ 2. Sample Design
 - ☒ 3. Sample Size
 - ☐ 4. Sampling Unit

Question ID : 6009299485

Q.8 Which of the following is not the feature of symbols assigned to categories on a nominal scale?

- Ans
- ☐ 1. May be ordered according to magnitude
 - ☒ 2. Cannot be subjected to arithmetic operations
 - ☐ 3. No Quantitative Measures
 - ☐ 4. Nothing more than Labels or Names

SARSWATI CLASSES BY NARANG

Question ID : 6009299494

Q.9 The range of the values -3, -8, -1, 0, 6, 1 is:

- Ans
- ☒ 1. 14
 - ☐ 2. 6
 - ☐ 3. 0
 - ☐ 4. 8

Question ID : 6009299493

Q.10 The binary of the decimal number 23 is _____.

- Ans
- ☐ 1. 11111
 - ☒ 2. 10111
 - ☐ 3. 11011
 - ☐ 4. 10011

Question ID : 6009299500

Q.11 निम्नलिखित में से किस खेल में स्टिम्पमीटर का प्रयोग किया जाता है?

- Ans
- ☐ 1. ट्रैक एण्ड फील्ड
 - ☐ 2. घोड़ों की दौड़
 - ☒ 3. गोल्फ़
 - ☐ 4. एयर पिस्टल शूटिंग

Question ID : 6009299484

Q.12 Which of the following is not an advantage of Sampling?

- Ans
- ☒ 1. Sampling can be a perfect substitute for census
 - ☐ 2. Sampling saves labour
 - ☐ 3. Sampling saves time and money
 - ☐ 4. Sampling coverage permits a level of adequacy

Question ID : 6009299490

Q.13 Which of the following is Probability sampling ?

- Ans
- ☒ 1. Cluster Sampling
 - ☐ 2. Purposive Sampling
 - ☐ 3. Snowball Sampling
 - ☐ 4. Dimensional Sampling

SARSWATI CLASSES BY NARANG

Question ID : 6009299487

Q.14 The sampling method chosen when the members of a special population are difficult to locate is_____.

- Ans
- ☒ 1. Snowball Sampling
 - ☐ 2. Systematic Sampling
 - ☐ 3. Dimensional Sampling
 - ☐ 4. Purposive Sampling

Question ID : 6009299489

Q.15 The shortcut key to select a row in an excel file is _____

- Ans
- ☐ 1. Ctrl+F2
 - ☐ 2. Shift+F2
 - ☐ 3. Ctrl+Space
 - ☒ 4. Shift+Space

Question ID : 6009299502

Q.16 सांख्यिकी में, _____ एक प्रकार का डाटा है जिसका उपयोग बिना कोई मात्रात्मक मूल्य प्रदान किए चरों को अंकित करने के लिए किया जाता है।

- Ans
- ☐ 1. अनुपात डाटा
 - ☐ 2. ऑर्डिनल डाटा
 - ☒ 3. नॉमिनल डाटा
 - ☐ 4. अंतराल डाटा

Question ID : 6009299492

Q.17 Sampling in which elements are grouped together because they share certain characteristics is_____.

- Ans
- ☒ 1. Stratified Sampling
 - ☐ 2. Random Sampling
 - ☐ 3. Systematic Sampling
 - ☐ 4. Cluster Sampling

Question ID : 6009299486

Q.18 Which of the following is Non-Probability sampling ?

- Ans
- ☒ 1. Voluntary response
 - ☐ 2. Cluster Sampling
 - ☐ 3. Stratified Sampling
 - ☐ 4. Dimensional Sampling

SAKSWATI CLASSES BY NARANG

Question ID : 6009299488

Q.19 What is the full form of USB?

- Ans
- ☒ 1. Universal Serial Bus
 - ☐ 2. Unidentified System Bus
 - ☐ 3. Universal System Board
 - ☐ 4. Unshielded System Board

Question ID : 6009299503

Q.20 One standard deviation on either side of the mean for the normal distribution accounts for _____ of the set.

- Ans
- ☒ 1. 68.27 percent
 - ☐ 2. 88.27 percent
 - ☐ 3. 98.27 percent
 - ☐ 4. 78.27 percent

Question ID : 6009299491

Q.1 _____ is a movement away from the midline of the body. This occurs at the hip and shoulder joints during a jumping jack movement.

- Ans
- ☐ 1. Circumduction
 - ☐ 2. Adduction
 - ☒ 3. Abduction
 - ☐ 4. Dorsiflexion

Question ID : 6009299522

Q.2 The cache memory works between _____.

- Ans
- ☒ 1. CPU and RAM
 - ☐ 2. ROM and CPU
 - ☐ 3. Secondary Memory
 - ☐ 4. RAM and ROM

Question ID : 6009299506

Q.3 A Range of motion in and around the joints is known as _____.

- Ans
- ☐ 1. Speed
 - ☐ 2. Balance
 - ☒ 3. Flexibility
 - ☐ 4. Strength

SARSWATI CLASSES BY NARANG

Question ID : 6009299507

Q.4 The force experienced by a spinning ball as it moves through the air is called _____.

- Ans
- ☐ 1. Tensile Force
 - ☐ 2. Contract Force
 - ☒ 3. Magnus Force
 - ☐ 4. Compressive Force

Question ID : 6009299518

Q.5 Carpo Metacarpal joint is an example of _____.

- Ans
- ☐ 1. Gliding Joint
 - ☐ 2. Condylod Joint
 - ☐ 3. Ball and Socket Joint
 - ☒ 4. Saddle Joint

Question ID : 6009299520

Q.6 Embarrassment, shame, ridicule, sarcasm, criticism, disapproval, social discrimination, and exclusion are all _____ sanctions.

- Ans
- ☒ 1. Positive
 - ☒ 2. Formal
 - ☒ 3. Negative
 - ☒ 4. Informal

Question ID : 6009299513

Q.7 Which intense stretching method uses bouncing movements to push your body beyond its normal range of motion?

- Ans
- ☒ 1. Relaxation Method
 - ☒ 2. Slow Method
 - ☒ 3. Ballistic Method
 - ☒ 4. Slow Stretching and Holding Method

Question ID : 6009299511

Q.8 _____ is the doctrine that actions are right if they are useful or for the benefit of a majority.

- Ans
- ☒ 1. Moral relativism
 - ☒ 2. Deontology
 - ☒ 3. Natural Law
 - ☒ 4. Utilitarianism

Question ID : 6009299516

Q.9 _____ is a painful condition that affects the small, fluid-filled sacs that cushion the bones, tendons and muscles near your joints.

- Ans
- ☒ 1. Bursitis
 - ☒ 2. Sclerosis.
 - ☒ 3. Arthritis
 - ☒ 4. Psoriasis

Question ID : 6009299517

Q.10 Which flexibility training methods tricks the receptor organs in the muscles and joints allowing the limbs to increase their range of movements?

- Ans
- ☒ 1. Static Stretching
 - ☒ 2. Active stretching
 - ☒ 3. PNF Stretching
 - ☒ 4. Passive Stretching

Question ID : 6009299510

Q.11 Who first propounded the theory of social evolution?

- Ans
- ☒ 1. Aristotle
 - ☒ 2. Charles Darwin
 - ☒ 3. Herbert Spencer
 - ☒ 4. Montesquieu

Question ID : 6009299512

Q.12 Muscle which cause the joints to bend are called _____.

- Ans
- ☒ 1. Abductors
 - ☒ 2. Flexors
 - ☒ 3. Adductors
 - ☒ 4. Extensors

Question ID : 6009299523

Q.13 Pushing against the stationary wall is an example of _____.

- Ans
- ☒ 1. Isokinetic contraction
 - ☒ 2. Eccentric Exercise
 - ☒ 3. Isotonic Contraction
 - ☒ 4. Isometric Contraction

SARSWATI CLASSES BY NARANG

Question ID : 6009299509

Q.14 When a person performs a somersault they rotate around the _____.

- Ans
- ☒ 1. Frontal axis
 - ☒ 2. Transverse Plane
 - ☒ 3. Vertical axis
 - ☒ 4. Sagittal Plane

Question ID : 6009299519

Q.15 An _____ contraction results in the elongation of a muscle while the muscle is still generating force; in effect, resistance is greater than force generated.

- Ans
- ☒ 1. Isotonic
 - ☒ 2. Isometric
 - ☒ 3. Concentric
 - ☒ 4. Eccentric

Question ID : 6009299508

Q.16 Which of the following languages does a computer understand?

- Ans ☒ 1. Binary Language
☐ 2. Java Language
☐ 3. C Language
☐ 4. Object Language

Question ID : 6009299505

Q.17 A gigabyte is _____. Choose the best option.

- Ans ☐ 1. 1,048,576 bytes
☐ 2. 1,024 bytes
☐ 3. 1,099,511,627,776 bytes
☒ 4. 1,073,741,824 bytes

Question ID : 6009299504

Q.18 _____ are standards of social behaviour derived from social interaction and accepted as constituent facts of social structure

- Ans ☐ 1. Patterns
☒ 2. Values
☐ 3. Actions
☐ 4. Roles

SARSWATI CLASSES BY NARANG

Question ID : 6009299515

Q.19 _____ branch of classical mechanics that concerns the effect of forces and torques on the motion of bodies having mass

- Ans ☐ 1. Biomechanics
☐ 2. Fluid Mechanics
☐ 3. Kinematics
☒ 4. Kinetics

Question ID : 6009299521

Q.20 Autogenic training is a technique_____.

- Ans ☐ 1. to adjust abnormality
☒ 2. to bring about relaxation in body
☐ 3. to identify areas of physical strain in the body
☐ 4. to identify causes of mental stress

Question ID : 6009299514

Q.1 _____ के दो घटक हैं जो अनुभूति और अनुभूति के नियमन के बारे में ज्ञान हैं।

- Ans
- ☐ 1. भाषण
 - ☐ 2. भाषा
 - ☒ 3. मेटाकॉग्निशन
 - ☐ 4. स्कीमा

Question ID : 6009299527

Q.2 In which feature of Discussion there is an interaction among the various members where they see, hear and communicate orally by paying attention to each other?

- Ans
- ☐ 1. conflict
 - ☒ 2. interface
 - ☐ 3. interpersonal attraction
 - ☐ 4. participation

Question ID : 6009299529

Q.3 In 1931, who wrote a thesis entitled, 'The concept of the Reflex in Description of the Behaviour' ?

- Ans
- ☒ 1. Burrhus Frederic Skinner
 - ☐ 2. Ivan Pavlov
 - ☐ 3. Edward Lee Thorndike
 - ☐ 4. Sigmund Freud

SARSWATI CLASSES BY NARANG

Question ID : 6009299525

Q.4 A student with cerebral palsy may not have the ability to grasp and turn a traditional doorknob. Which factor of inclusion is affected here?

- Ans
- ☐ 1. Cooperation
 - ☒ 2. Accessibility
 - ☐ 3. Mis-information
 - ☐ 4. Educational modification

Question ID : 6009299538

Q.5 Which approach explains personality in terms of changes in behaviour that takes place throughout one's life?

- Ans
- ☒ 1. Life-span approach
 - ☐ 2. Humanistic Approach
 - ☐ 3. Psychoanalytic Approach
 - ☐ 4. Trait Approach

Question ID : 6009299541

Q.6 In which step of test construction, method of scoring is decided?

- Ans
- ☐ 1. Planning for the test
 - ☐ 2. Analysing the test
 - ☒ 3. Preparing the test
 - ☐ 4. Revising the test

Question ID : 6009299533

Q.7 Who conducted the 'Bobo Doll' experiment?

- Ans
- ☒ 1. Albert Bandura
 - ☐ 2. Ivan Pavlov
 - ☐ 3. Louis Lee Thurstone
 - ☐ 4. Robert J. Stenberg

Question ID : 6009299526

Q.8 Which government programme aims at improving and providing quality primary education for all children?

- Ans
- ☒ 1. Sarva Shiksha Abhiyaan
 - ☐ 2. Sub Service Area
 - ☐ 3. Safe School Act
 - ☐ 4. Secondary Service Area

SARSWATI CLASSES BY NARANG

Question ID : 6009299536

Q.9 _____ तर्क धारणा और स्मृति से परे है और उन चीजों से संबंधित है जो प्रत्यक्ष अनुभव के दायरे में नहीं हैं।

- Ans
- ☒ 1. परिकल्पना
 - ☐ 2. सादृश्यता
 - ☐ 3. निगमनात्मक
 - ☐ 4. पारगमनी (ट्रान्सडक्टिव)

Question ID : 6009299540

Q.10 Who is well known for the concept of Zone of Proximal Development ?

- Ans
- ☒ 1. Lev Vygotsky
 - ☐ 2. Ivan Pavlov
 - ☐ 3. Albert Bandura
 - ☐ 4. Burrhus Frederic Skinner

Question ID : 6009299524

Q.11 Under which model, students with special needs spend most or all of their time with non-disabled students?

- Ans
- ☐ 1. Mainstreaming
 - ☐ 2. Exclusion
 - ☐ 3. Integration
 - ☒ 4. Inclusion

Question ID : 6009299537

Q.12 सिग्मंड फ्रायड के अनुसार, _____ 'अहंकार की कामेच्छापूर्ण (लिबिडनस) प्रशंसा' है।

- Ans
- ☐ 1. सेमांटिक्स
 - ☐ 2. समाजमिति
 - ☐ 3. रेप्रेशन
 - ☒ 4. आत्मरति

Question ID : 6009299539

Q.13 What utilizes skills across the range of dramatic activity, everything from teacher-in-role to normal theatrical conventions of audience and spectator?

- Ans
- ☐ 1. Image theatre
 - ☒ 2. Educational Drama
 - ☐ 3. Invisible Theatre
 - ☐ 4. Formal theatre

SARSWATI CLASSES BY NARANG

Question ID : 6009299542

Q.14 The social and cultural definitions of men and women are called _____.

- Ans
- ☒ 1. Gender
 - ☐ 2. Sex
 - ☐ 3. Identity
 - ☐ 4. Society

Question ID : 6009299530

Q.15 From which stage did the National Policy on Education, 1986 emphasized on continuous and comprehensive evaluation and the introduction of semester system ?

- Ans
- ☐ 1. Primary stage
 - ☐ 2. Elementary Stage
 - ☐ 3. Higher secondary stage
 - ☒ 4. Secondary stage

Question ID : 6009299535

Q.16 Inclusion of Art and Drama in education is well supported by _____ theory of Multiple Intelligence.

- Ans
- ☐ 1. Lev Vygotsky
 - ☐ 2. Burrhus Frederic Skinner
 - ☒ 3. Howard Gardner
 - ☐ 4. Albert Bandura

Question ID : 6009299543

Q.17 भाषा के कार्य का नाम बताइए जिसमें विचारों, अवधारणाओं और विचारों की अभिव्यक्ति शामिल है।

- Ans
- ☐ 1. वर्णनात्मक
 - ☐ 2. निदेशात्मक
 - ☐ 3. भावात्मक
 - ☒ 4. संज्ञानात्मक

Question ID : 6009299528

Q.18 _____ is a cross-country measure of discrimination against women in social institutions.

- Ans
- ☐ 1. Gender Inequality Index (GII)
 - ☐ 2. Gender Gap Index
 - ☐ 3. Gender Parity Index
 - ☒ 4. Social Institution and Gender Index (SIGI)

SARSWATI CLASSES BY NARANG

Question ID : 6009299531

Q.19 _____ का संबंध परीक्षा की निरंतरता, या पुनरुत्पादकता, या परीक्षार्थी के प्रदर्शन से है।

- Ans
- ☐ 1. वैधता
 - ☐ 2. निष्पक्षता
 - ☒ 3. विश्वसनीयता
 - ☐ 4. कानूनी सुरक्षा

Question ID : 6009299534

Q.20 Which one of the following is a numerical concept concerned with the relative equality in terms of numbers and proportions of women, men, girls and boys?

- Ans
- ☐ 1. Gender mainstreaming
 - ☐ 2. Gender analysis
 - ☒ 3. Gender parity
 - ☐ 4. Gender equality

Question ID : 6009299532